

Regional News & Notes

• January, February & March, 2020 •

ERC Resource & Referral, Inc., d/b/a Child Care Aware® of Eastern Kansas

Mark Your Calendar...

Topeka's Weekend Lending Library Hours

9 AM - 12 PM
(1100 SW Wanamaker Rd.,
2nd Flr., Topeka, Kansas)
Sat., Jan. 4, 2020
Sat., Jan. 18, 2020
Sat., Feb. 1, 2020
Sat., Feb. 15, 2020
Sat., Mar. 7, 2020
Sat., Mar. 21, 2020

Lawrence's Late Night Lending Library Hours

4:30 - 7:30 PM
(2518 Ridge Ct. [Inside United Way
Bldg.], Lawrence, Kansas)
Tue., Jan. 14, 2020
Tue., Feb. 11, 2020
Tue., Mar. 10, 2020

Offices Closed for Holidays

Wed., Jan. 1, 2020
Mon., Jan. 20, 2020

*Check out the inside of this
mailer to view our upcoming
classes and descriptions!*



Vroom - Brain Building Moments

Vroom is an exciting, free app that turns everyday shared experiences into brain building moments. It has easy, actionable tips that encourage back and forth experiences between adults and children to help nurture their growing minds.

Vroom can be used by teachers to supplement daily activities with their students or ease transition times - and it is also a great tool to share with families! Whether children are in a classroom or at home enjoying mealtime, bathtime, or anytime in between, there are always ways to foster their brain's development.

Download and try out the app at vroom.org today.

There are so many ways YOU and FAMILIES can be a brain builders!

Southeast Conference "Supporting Safe and Healthy Child Care Practices" Spring Conference

Join us in March for a spring conference that will meet four hours of required KDHE Child Care Licensing approved Health and Safety Training!

"Supporting Safe and Healthy Child Care Practices"

When: Saturday, March 7, 2020, 8:30 AM to 3:00 PM (Registration opens at 8 AM that day.)

Where: Allen Community College, Iola, Kansas

Cost: \$25, including lunch

Cosponsored by Allen Community College and Child Care Aware® of Kansas.

Core Competency: Health and Safety

Sub Area: Protecting Children and Youth, Level 1

There will be two tracks offered at this conference-

Track One: Stewards of Children® is an evidence-informed prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It offers practical prevention training with a conversational, real-world approach and covers the following topics:

- Facts about the problem of child sexual abuse
- The types of situations in which child sexual abuse might occur
- The signs of sexual abuse so that you might intervene and be able to act responsibly
- Simple, effective strategies for protecting children from sexual abuse
- The importance of talking about the prevention of sexual abuse with children and other adults

Track Two: Preparing for the Worst

How do we protect our children during emergencies? Whether it is the threat of an outside event happening near your facility or a violent event within, there are steps that can be taken to ease the impact and best practices to implement during the crisis. Learn from a law and safety expert during this session focusing on safety awareness including personal safety, promoting risk management, and guidelines to develop procedures and emergency preparedness plans.

Successful Start Program - Are you new to child care or do you know someone getting ready to become a child care provider? Find more information or sign up by visiting the child care providers portion of our website, <https://east.ks.childcareaware.org>.



Main Office: 1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604
785-357-5171 • 1-877-678-2548 toll free • 785-357-1813 fax
<https://east.ks.childcareaware.org> • info@east.ks.childcareaware.org
facebook.com/ChildCareAwareKS • twitter.com/ccaeaks • pinterest.com/ccaks

Child Care Aware® of Eastern Kansas supports the development and early education of children by improving access to resources for families, including high-quality child care options.

JANUARY, FEBRUARY & MARCH

Professional Development Opportunities

To register for a class below, visit our professional development calendar at <https://east.ks.childcareaware.org>.

You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete and return the Class Registration Form that is included in this mailing.

Classes below are tailored for specific audiences. Please reference the audience key when selecting a class.

Approved Audience Key: All (A), Directors (D), Family Child Care (F), Infant (I), Toddler (T), Licensing Surveyor or Regulatory Staff (L), Preschool (P), School-Age (S), Youth (Y), Other (O), Appropriate for Parents (*).

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
JANUARY									
1/2/20	6:30 - 8:30PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Fun with Phonological Awareness	D, F, P	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/6/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	The Role of Staff in an Effective Classroom	D, F, P, T	Grace Cott	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/8/20 through 1/15/20	9 AM	***Online Class***		Building Your Business: Starting Strong With the Basics	F, L	Marie Treichel	3	\$20	Participants can start at 9 AM on 1/8/20, and have until 11:59 PM on 1/15/20. Participants will receive an email from the instructor containing the instructions for the online course following registration.
1/9/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	The Color of Their Eyes: Exploring Intentional Teaching	D, F, P, T	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/11/20	9 AM- 4 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Foundations of Quality Child Care, Part 1	A	Rebecca Quigley	6	\$30	If you register for BOTH Part 1 on 1/11/20 and Part 2 on 1/25/20 at the same time, you can receive a discounted class fee of \$50 total for both. This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements.
1/14/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Cut It Out	D, F, P	Susan Drewelow	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/16/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Fabulous Feelings	D, F, P, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/21/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Understanding and Guiding Children's Behavior	D, F, I, P, T	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/22/20 through 1/29/20	9 AM	***Online Class***		The Journey to Independence: Applying Child Development in Daily Practice	D, F, I, P, T	Grace Cott	3	\$20	Participants can start at 9 AM on 1/22/20, and have until 11:59 PM on 1/29/20.*** <i>Free to Successful Start participants.</i>
1/25/20	9 AM- 11 AM	DG	United Way of Douglas County (2518 Ridge Ct., Lawrence)	Darkness to Light: Stewards of Children®	A	Marie Treichel	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements.
1/25/20	9 AM- 4 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Foundations of Quality Child Care, Part 2	A	Rebecca Quigley	6	\$30	If you register for BOTH Part 1 on 1/11/20 and Part 2 on 1/25/20 at the same time, you can receive a discounted class fee of \$50 total for both. This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements.
1/28/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Keeping Children Safe: Environment and Transportation Safety	D, F, I, P, S, T	Susan Drewelow	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements.
1/29/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Building Character in Young Children	D, F, I, P, T	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
1/30/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Brain Basics	D, F, I, P, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
FEBRUARY									
2/4/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Happy Meals: Safe Food Practices and Allergy Awareness	D, F, I, P, S, T	Karen Rogenmoser	2	\$12	
2/5/19	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Sharks or Toddlers? Dealing with Biting	D, F, I, T	Rebecca Quigley	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/6/20	1:00 - 4:15 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Director's Toolbox: Wage & Hour Seminar	D	Trini Najera Murguia	3	Free	
2/6/20	6:30 - 8:30 PM	CR	Kid's First (Frontenac United Methodist Church, 102 S Cayuga St., Frontenac, KS 66763)	Healthy Environments: Disease Prevention and Control	D, F, I, P, S, T	Talia Juiliano	2	Free	
2/8/20	10 AM - 12 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	STEAM through Stories	D, F, P, T	Susan Drewelow & Michelle Gilbert	2	\$12	

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
2/12/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Best Practices in Diapering, Toileting and Handwashing	D, F, I, P, T	Susan Drewelow	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements.
2/12/20 through 2/19/20	9:00 AM	***Online Class***		Positive Play - Strategies to Support Positive Interactions Among Children	D, F, I, P, T	Grace Cott	3	\$20	Participants can start at 9 AM on 2/12/20, and have until 11:59 PM on 2/19/20. Participants will receive an email from the instructor containing the instructions for the online course following registration.
2/13/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Positive Behavior Expectations	D, F, P, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/18/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Schedules, Routines and Transitions	D, F, P, T	Grace Cott	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/19/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Observing Children: Taking Useful and Objective Notes	D, F, I, P, S, T	Rebecca Quigley	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/20/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Building Essential Life Skills in Young Children	D, F, P, T	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/24/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Experiences Not Experiments	D, F, P, T	Susan Drewelow	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/25/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Gender Differences in Teaching and Learning	D, F, P	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/26/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Meaningful Conversations with Infants and Toddlers	D, F, I, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
2/27/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Making the Most of Meal Time	D, F, P, T	Rebecca Quigley	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements. <i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
MARCH									
3/2/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Professionalism in Action	F, I, P, T	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/7/20	9 AM- 4 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Foundation of Quality Child Care, Part 1	A	Rebecca Quigley	6	\$30	If you register for BOTH Part 1 on 3/7/20 and Part 2 on 3/21/20 at the same time, you can receive a discounted class fee of \$50 total for both. This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements.
3/7/20	8:30 AM - 3 PM	AL	Allen Community College (1801 N Cottonwood St, Iola, KS 66749)	Supporting Safe and Healthy Child Care Practices	A	Elizabeth Toland, Marie Treichel, & Talia Juiliano	5	\$25	SEE FRONT PAGE FOR DETAILS! This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements.
3/10/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Starting Out Strong: Supporting Social/ Emotional Development in Preschoolers	D, F, P	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/11/20 through 3/18/20	9:00 AM	***Online Class***		Beyond the Book Nook: Creating a Literary Rich Environment	D, F, I, P, S, T	Grace Cott	3	\$20	Participants can start at 9 AM on 3/11/20, and have until 11:59 PM on 3/18/20. Participants will receive an email from the instructor containing the instructions for the online course following registration. *** <i>Free to United Way Get Set For Success and Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/11/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Supportive Roles in Modifying Curriculum	D, F, P, T	Susan Drewelow	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/14/20	10 AM- 12 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Emergency Preparedness for Child Care Programs	D, F, I, P, S, T, Y	Michelle Gilbert	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements.
3/17/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Customer Service in Child Care	D, F, I, P, T	Michelle Gilbert	2	\$12	
3/18/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Sensory Exploration and Early Literacy for Infants and Toddlers	D, F, I, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/21/20	9 AM- 4 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Foundations of Quality Child Care, Part 2	A	Rebecca Quigley	6	\$30	If you register for BOTH Part 1 on 3/7/20 and Part 2 on 3/21/20 at the same time, you can receive a discounted class fee of \$50 total for both. This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements.
3/23/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Fostering Children's Thinking	D, F, P, T	Grace Cott	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
3/24/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Creating a Science Center that Will Excite and Ignite	D, F, P	Susan Drewelow	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/26/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Helping Children and Families Transition to Kindergarten	D, F, P	Michelle Gilbert	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/28/20	10 AM-12 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Chicka Chicka Boom Boom: A to Z Around the Room	D, F, P, T	Michelle Gilbert & Susan Drewelow	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.
3/31/20	6:30 - 8:30 PM	SN	Topeka Child Care Aware® Office (1100 SW Wanamaker Rd., Ste. 201, Topeka)	Problem Solving in the Moment	D, F, P, T	Audrey Danielson	2	\$12	<i>Free to Literacy Connections program participants.</i> Cosponsored by Capital Area Successful Start.

****Online class participants will receive an email from the instructor containing further instructions for the online class following their registration.*

Class Descriptions

Best Practices in Diapering, Toileting and Handwashing

Following best practice guidelines in diapering, toileting and handwashing can be one of the most effective ways to keep the children (and adults) in child care safe and healthy. Participants will learn the proper steps for each of these procedures as well as tips and tricks for helping children establish good practices. *Core Competency: 5 Level 1; CDA: 1.*

Beyond the Book Nook: Creating a Literacy Rich Environment

In this class, participants will step beyond the book nook and learn strategies to enhance their environment and provide many literacy rich experiences for the children in their program. Materials and the teacher’s role will be covered. Participants will also practice with self-evaluation tools so they can custom design a curriculum that works best in their program. *Core Competency: 2 Level 2; CDA: 2.*

Brain Basics

Understanding the basics of the brain’s structure and function enables early childhood professionals to recognize the integrated nature of neurodevelopment and behavior. Knowing the basics about the brain helps educators better understand and respond to children’s behaviors. *Core Competency: 1 Level 3; CDA: 8.*

Building Character in Young Children

In this session, participants will explore simple ways to teach positive character traits such as kindness, gentleness, cooperation and flexibility to young children. Strategies will include stories, songs, chants and rhymes, as well as different group activities which can be easily incorporated into the daily schedule. *Core Competency: 6 Level 2 & 3; CDA: 3.*

Building Essential Life Skills in Young Children

Children today are entering a world full of both complex challenges and opportunities. The foundation for many of the critical thinking and problem solving skills they will use throughout their lives can be built in the early childhood years. This class will provide an overview of essential life skills and strategies for building them in young children. *Core Competency: 2 Level 3, 6; CDA: 2.*

Building Your Business: Starting Strong With the Basics

Open your family child care business with connections to all the business resources you need to start strong. Course includes information on writing a solid contract, setting up a smart recordkeeping system, and enrolling in the child care subsidy payment system (DCF) and the Child and Adult Care Food Program. *Core Competency: 7 Level 2; CDA: 5.*

Chicka Chicka Boom Boom: A to Z Around the Room

Learn how to apply a cross-curricular approach using the book Chicka Chicka Boom Boom. Participants will come away with activities and ideas in the areas of early literacy, math, science, music & movement, and art. *Core Competency: 2 Level 2 & 3; CDA: 2.*

Creating a Science Center that Will Excite and Ignite

This class will present different ways to create a science center in the classroom or home. It will include materials to support learning as well as ways to create some specifically focused explorations. *Core Competency: 2 Level 2 & 3; CDA: 2.*

Customer Service in Child Care

In the early childhood setting, parents and children are the customers. This class will look at principles of providing positive customer service and how they can be applied to the child care setting. Participants will also explore the link between customer service and positive outcomes for the program. *Core Competency: 4 Level 1, 8; CDA: 1.*

Cut It Out

Participants will gain an understanding of how to teach children to cut with scissors. Discussion includes tips on how to help children strengthen muscles needed for cutting and how to take children through the sequence of skills that encourage success with simple and more complex cutting tasks. *Core Competency: 7 Level 4; CDA: 5.*

Darkness to Light: Stewards of Children®

Stewards of Children® is an evidence-informed prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It offers practical prevention training with a conversational, real-world approach. *Core Competency: 5 Level 1; CDA: 1.*

Director’s Toolbox: Wage & Hour

This seminar will provide detailed information about federal labor laws as they relate to the early childhood profession. Child care center directors are encouraged to attend to get current information on the Fair Labor Standards Act. *Core Competency: 7 Level 4; CDA: 5.*

Emergency Preparedness for Child Care Programs

Help child care providers/teachers proactively plan and prepare for emergencies by helping them develop and implement an effective emergency plan in their child care program. Identifying hazards and risks; creating a written plan that addresses the emergency needs of their program; and communicating, practicing, and updating their emergency plan on a regular basis, are some of the effective strategies covered in this class. Video examples and discussions are included to help child care providers walk away with ideas they can begin using right away in their classroom/home environments. *Core Competency: 5 Level 3; CDA: 1.*

Experiences Not Experiments

This session is designed to explain basic scientific principles in easy to understand terms. Providers will also receive lots of suggestions for child-centered experiences they can incorporate into their classrooms. All of the suggestions are done with easily and affordably obtained materials. Science experiences are a natural way to follow a child’s lead and allow children to investigate and discover at their own pace. The demonstrations offered will allow providers to see how to set up the experience and participate in it. The handout will have detailed instructions on how to facilitate the experiences done in class. *Core Competency: 2 Level 2; CDA: 2.*

Fabulous Feelings

This course will explore the idea of “emotional coaching” or supporting young children as they recognize and manage their emotions. Participants will learn tips, techniques, songs, and ideas for helping children learn about feelings. *Core Competency: 2 Level 2 & 3; CDA: 3.*

Fostering Children’s Thinking

Do you want to help children develop skills for deeper understanding, higher focus, and improve task performance? This class will cover “feedback loops” which are the keys to teaching these skills. *Core Competency: 2 Level 1; CDA: 2.*

Foundations of Quality Child Care, Part 1

This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 1 will cover the following topics: child abuse and neglect, including prevention of shaken baby syndrome and abusive head trauma; prevention and control of infectious diseases; childhood illnesses; medication administration; safe handling hazardous materials, including bio-hazards and bodily fluids; and transportation safety. *Core Competencies: 5 Levels 1 & 2; CDA: 1.*

Foundations of Quality Child Care, Part 2

This class is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 2 will cover the following topics: basic child development including the supervision of children; safe sleep practices; emergency preparedness; prevention and response to emergencies due to food and allergic reactions; and building and premises safety. *Core Competencies: 1 Levels 1 & 2, 5 Levels 1, 2 & 3; CDAs: 1 & 7.*

Fun with Phonological Awareness

Join us for a playful look at strategies to help young children develop an important early literacy skill, phonemic awareness. Participants will learn simple songs and strategies that they can use right away to get children rhyming and playing with the sounds of words. *Core Competency: 2 Level 2 & 3; CDA: 2.*

Gender Differences in Teaching and Learning

Participants in this course will explore ways gender impacts the learning process from the perspective of both children and adults. *Core Competency: 8 Level 3; CDA: 6.*

Happy Meals: Safe Food Practices and Allergy Awareness

Participants will learn safe food practices including sanitary preparation, meal service and proper food storage. Participants will also learn how to prepare meals for a child who has food allergies and how to respond to an allergic reaction due to food. *Core Competencies: 5 Levels 1 & 2; CDA: 1.*

Healthy Environments: Disease Prevention and Control

Participants will learn the causes of infectious disease in child care, principles of disease control, as well as how to prevent the spread of infectious disease including sanitation procedures, handwashing and diapering techniques and how to provide a safe, healthy environment for children. *Core Competency: 5 Level 1; CDA: 1.*

Helping Children and Families Transition to Kindergarten

Starting kindergarten is a giant milestone for children and families! This professional development event will focus on how providers can support children and families through the transition to kindergarten. *Core Competency: 4 Level 2 & 3; CDA: 4.*

Keeping Children Safe: Environment and Transportation Safety

Participants will learn how to provide a safe physical environment for children by identifying potential hazards which include the handling and storage of hazardous materials, appropriate disposal of bio-contaminants and the appropriate transportation precautions with children. *Core Competency: 2 Level 1 & 2; CDA: 1.*

Making the Most of Meal Time

In this session, participants will learn about family-style meals and how the technique can be used successfully in a group care setting. Both the challenges and benefits of family-style meals will be covered, as well as tips for making meal times enjoyable opportunities for learning and positive social interaction. *Core Competency: 5 Level 1; CDA: 1.*

COURSE DESCRIPTIONS CONTINUED ON BACK PAGE.

Class Registration Form...

To register for Child Care Aware® of Eastern Kansas classes, visit our professional development calendar at <https://east.ks.childcareaware.org> and register online. You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete the form below and submit it with payment to:

Child Care Aware® of Eastern Kansas, Attn. Professional Development
1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604

Attendee Information

Name: _____
Center/Business: _____
Address: _____
City: _____ Zip: _____ County: _____
Phone: _____ Email: _____

I would like to enroll in the following classes:

Course Title: _____
Date Offered: _____ City: _____ Cost: _____

Course Title: _____
Date Offered: _____ City: _____ Cost: _____

Course Title: _____
Date Offered: _____ City: _____ Cost: _____

Course Title: _____
Date Offered: _____ City: _____ Cost: _____

PAY BY CREDIT CARD

Card Type: ☐ Visa ☐ Mastercard ☐ Discover

Name on Card: _____

Credit Card Number: _____ Expiration Date: _____

Zip Code for Card: _____ Security Code (three-digit number on back of card): _____

If you are late to an in-service class, you will not receive a certificate.

Find updated classes on the Class Calendar at <https://east.ks.childcareaware.org>.

For office use only...

☐ PAID

Class Info

Policies for Child Care Aware® of Eastern Kansas sponsored professional development sessions:

- Registration accompanied by payment is required to complete registration for any class that is sponsored by Child Care Aware® of Eastern Kansas. The deadline for registration of classes occurring on a weekday is 12 PM the business day before the class is scheduled. The deadline for registration of classes occurring on Saturdays is 8 AM the Friday before the class is scheduled. You may register online, by mail or by phone to pay with a credit or debit card. Payment will not be accepted at class.

- If you cancel by the registration deadline for the class, the fee may be transferred to another class to be held in the future. Refunds are not available. In cases of emergencies (illness or other unplanned situation), you may call and cancel up to 2 hours (during normal business hours) prior to the time the class is scheduled to begin. If you are calling after hours (after 5 PM on a weekday or over the weekend), please leave a message with the time of your call and the reason for your late cancellation. You will only be able to transfer your payment one time to a different class. If you are unable to attend the class you have been transferred to, there will be no refunds or further transfers. Refunds or transfers will not be issued for those who fail to notify us if they are unable to attend.
- A minimum of 10 class participants is required. A class with insufficient enrollment may be canceled by Child Care Aware® of Eastern Kansas. Paid registrants may elect to take a coupon or be added to a future class.

- Participants arriving more than 10 minutes after the start time of the class are invited to stay, but will not be awarded in-service hours.
- In cases of inclement weather, every effort will be made to make a decision about canceling class three hours prior to the scheduled class start time. Registered participants will be notified by phone, but if you have any questions, you are welcome to call the Child Care Aware® of Eastern Kansas Topeka office at 785-357-5171 to determine whether a class will be held.
- Please do not bring children to any in-service class.
- Exceptions to these policies may be made as appropriate after review by a member of the Child Care Aware® of Eastern Kansas management staff.

COURSE DESCRIPTIONS, CONTINUED:

Meaningful Conversations with Infants and Toddlers

Conversations are a key factor in many aspects of caring for infants and toddlers. Conversations can be used to support meaningful interactions, build social connections and introduce language. This class will focus on strategies for having meaningful conversations with very young children. *Core Competency: 2 Level 1; CDA: 2.*

Observing Children: Taking Useful and Objective Notes

Participants will discover the importance of making observations and how to be objective in documenting observations by avoiding labels and judgments. They will also receive tips on organizing their observation notes. *Core Competency: 3 Level 2 & 3; CDA: 7.*

Positive Behavior Expectations

Want your classroom to run like a well-oiled machine? Learn how to use the GUIDE method to help children learn rules and expectations and what proactive strategies you can use to help prevent behaviors before they can happen. *Core Competency: 6 Level 1; CDA: 3.*

Positive Play - Strategies to Support Positive Interactions Among Children

In this class, participants will learn what social emotional expectations are practical for children at various levels of development and ways to teach children how to engage in positive social interactions. Social emotional classroom supports, the teacher's role and practice with self-evaluation tools will be covered so participants can custom-design a curriculum that works best in their program. *Core Competency: 2 Level 2; CDA: 3. Core Competency: 5 Level 1; CDA: 1.*

Problem Solving in the Moment

Teach children how to be problem-solvers with the THINK FIVE process, and then watch the transformation in your classroom when behaviors stop escalating because students are managing their conflicts with each other. *Core Competency: 2 Level 1; CDA: 3.*

Professionalism in Action

Being an early childhood professional requires that we consistently do our best for young children and families. This session will explore elements of being a professional and provide tips for active ways to grow your professionalism. *Core Competency: 8 Level 2; CDA: 6.*

Schedules, Routines and Transitions

Transitions can be stressful times for young children and can provoke challenging behaviors. Consistent classroom schedules and established routines provide predictability which enables children to learn. This class focuses on strategies that promote smooth transitions between classroom activities and routines and the use of a daily schedule, one feature of a well-organized classroom. *Core Competency: 2 Level 2; CDA: 1 & 3.*

Sensory Exploration and Early Literacy for Infants & Toddlers

Infants and toddlers use all of their senses to explore and make sense of the world. This session will cover information about sensory systems and development and how to use a variety of sensory play activities to engage children in experiences that promote the development of early literacy skills. *Core Competencies: 2 Levels 1 & 2; CDAs: 1 & 2.*

Sharks or Toddlers? Dealing with Biting

Participants will learn how to deal appropriately with biting in an early learning program. Information will be shared as to why children bite along with prevention strategies. Focus will be given to developing plans and policies for specific situations and for individual children and families. *Core Competency: 1 Level 2; CDA: 3.*

Starting Out Strong: Supporting Social/Emotional Development in Preschoolers

In this class, participants will learn about factors that influence social and emotional development in preschoolers. Strategies for building social and emotional skills through experiences, environmental supports and interactions will be shared. *Core Competency: 2 Level 1 & 2; CDA: 3.*

STEAM through Stories

Children build a variety of important skills when they are engaged in learning with the STEAM disciplines. Participants will learn strategies for teaching science, technology, engineering, art and math (STEAM) skills using children's books as a foundation. *Core Competency: 2 Level 2 & 3; CDA: 2.*

Supportive Roles in Modifying Curriculum

Participants in this professional development event will have the opportunity to explore three support roles for making successful curriculum modifications. Curriculum modifications are made for the purpose of maximizing the engagement and learning of every child in the program. *Core Competency: 2 Level 1; CDA: 1.*

The Color of Their Eyes: Exploring Intentional Teaching

Child-centered, intentional practices begin with seeing, knowing and understanding children as unique individuals. This course will explore some of the reflective strategies intentional teachers can use to ensure the needs of each child and family in care are being met. *Core Competency: 8 Level 1; CDA: 6.*

The Journey to Independence: Applying Child Development in Daily Practice

Join us as we explore ways to apply child development knowledge into daily practice and lesson planning to support children's growth and development in all domains. We will cover the progression from infancy through the preschool years as children develop in their communication, self-help, sharing and problem-solving skills. *Core Competency: 2 Level 2 & 3; CDA: 1.*

The Role of Staff in an Effective Classroom

Learn how to use zoning and teacher-to-teacher talk to create and maintain an effective classroom environment. *Core Competencies: 2 Levels 2 & 6, 3; CDA: 2 & 3.*

Understanding and Guiding Children's Behavior

Participants will learn age-appropriate, positive guidance strategies and techniques. The importance of providing a supportive environment where children can safely practice appropriate behaviors will also be covered. *Core Competencies: 6 Levels 1 & 2; CDA: 3.*