

Regional News & Notes

July, August, September, 2021

ERC Resource & Referral, Inc., d/b/a Child Care Aware® of Eastern Kansas

Mark Your Calendar...

Topeka's Lending Library Hours

8 AM - 5 PM

(1100 SW Wanamaker Rd.,

#201, Topeka, Kansas)

Please call 785-357-5171

or toll-free 877-678-2548 to schedule an appointment.

Topeka's Weekend Lending Library Hours

9 AM - 12 PM

(1100 SW Wanamaker Rd.,

#201, Topeka, Kansas)

• Saturday, July 17, 2021

• Saturday, Aug. 7, 2021

• Saturday, Aug. 21, 2020

• Saturday, Sept. 18, 2021

*For weekend lending library dates, appointments must be scheduled by noon the Friday before. Please call 785-357-5171 or toll-free 877-678-2548 to schedule an appointment.

Offices Closed

Monday, Sept. 6, 2021

Enriching Early Childhood Classrooms

Thanks to funding from the **Aleshire Venture Grant Program**, a partnership with donors Joe and Janet Aleshire, United Way of Greater Topeka, and the Washburn University Leadership Institute, we can offer early educators the opportunity to enrich their early childhood classrooms with high-quality, age-appropriate children's books.

Having these resources available will provide children with daily opportunities to read and have books read to them, significantly impacting their language and early literacy development. Funding from the Aleshire Venture Grant will support the purchase of books for approximately 40 early childhood classrooms.

We'd like to issue a special thank you to Eleanor Strecker, who retired in 2017 from Child Care Aware® of Eastern Kansas as our Early Literacy Specialist. Eleanor volunteered her time to select and order age-appropriate books for each classroom.



Pictured above: Early Care and Education Specialists, Susan Drewelow (left), and Lexi Merz (right) work meticulously in an effort to distribute the children's books.

New Grant Opportunity!

The Child Care Sustainability Grants, administered by Child Care Aware of Kansas in partnership with the Kansas Department for Children and Families (DCF), provide support to cover provider costs of operations and potential revenue losses. All Kansas Department of Health and Environment (KDHE) licensed child care facilities that demonstrate substantial compliance with KDHE child care licensing are eligible to apply.

Grant Amounts

Child care programs that meet the eligibility requirements may apply for funding in the following amounts/categories:

- Family/Group child care homes: \$5,000
- Other child care programs (centers, preschools, head start, school age programs, and drop-in care):
 - Licensed capacity 24 or less children: \$10,000
 - Licensed capacity between 25-99 children: \$30,000
 - Licensed capacity 100+ children: \$60,000

Application Time-line

- July 1, 2021: Grant application will launch; check back for more information.
- July 30, 2021 at 5:00 pm CST: Grant applications must be received in our office.
- August, September, and October 2021: Awards will be distributed.
- January 31, 2022: Funds must be spent.

For the latest up-to-date information, please visit Child Care Aware® of Kansas's website at <https://ks.childcareaware.org/grants/>. Please email any questions to grants@ks.childcareaware.org.



Main Office: 1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604

785-357-5171 • 1-877-678-2548 toll free • 785-357-1813 fax

<https://east.ks.childcareaware.org> • info@east.ks.childcareaware.org

Facebook.com/ChildCareAwareKS • Twitter.com/CCAOKS • Pinterest.com/CCAOKS

Child Care Aware® of Eastern Kansas supports the healthy development of young children by improving access to high-quality child care options and educational resources for families and early childhood professionals.

SUMMER SAFETY TIPS FOR WATER PLAY



Water play is a favorite activity for many young children throughout the year. Families may ask about opportunities for children to engage in outdoor water play during summer months. Swimming and splashing is fun for the little ones, but without taking water safety precautions, it can be dangerous.

Adult supervision of children around any water is critical. Even with life jackets and swim lessons. Any source of standing water can be dangerous when a curious child wanders over to explore.

Sprinklers, hoses, or small individual water basins are safe and popular options as well. If water tables are used, ensure that it is cleaned and sanitized and that toys are used safely. Children should wash their hands before and after play.

For pool and wading pool regulation information visit www.kdheks.gov and refer to their child care licensing regulation books.

Other Safety Precautions

When kids are swimming, they don't realize that they are sweating and losing water. This can cause children to become exhausted and dehydrated, making it even more dangerous for them to be around water. Keep kids hydrated by drinking plenty of water.

Sunscreen should be applied to kids daily, and reapplied, especially when doing a lot of outdoor activity. Sunglasses, hats, and protective lightweight clothing can also help protect children from sunburn. Choose a sunscreen with a high SPF, no less than 15; typically 50+ is recommended for children over 6 months of age. Be sure to apply at least 30 minutes before going outdoors so it is absorbed into the skin.

The summer months offer us many opportunities for exploration and play in outdoor learning environments. With proper planning, you can ensure that children are able to take advantage of these experiences and enjoy the summer months safely.

Policy Changes to In-Person Class Offerings

Following an update to CDC mask and distance guidance for those fully vaccinated, the following changes were made to address Child Care Aware® of Eastern Kansas in-person classes offerings:

- Face coverings are encouraged.
- Physical social distancing guidelines will remain in effect under the guidance of the CDC.
- Unvaccinated class participants must continue to wear a face-covering during the duration of the class.
- Fully vaccinated class participants may choose not to wear a face-covering.
- Class sizes will be limited so that social distancing practices can be maintained.
- If you are feeling unwell or exhibiting any signs and symptoms of COVID-19, you should stay home. Please leave a voice mail message to notify us of your absence prior to the start of the class so a refund or transfer can be issued. As a rule of thumb, when in doubt, please stay home.

This policy offers guidance to support in-person learning opportunities. Supplemental guidance will be updated and released as directed by the CDC.



Big Hearts Shape Little Minds A Parent-Driven Fundraiser to Support Professional Development Opportunities

During the month of May, the “Big Hearts Shape Little Minds” campaign offered parents the opportunity to show their appreciation for their child care provider while supporting a good cause. We’d like to congratulate these providers who were acknowledged by these families!

- **Brooke Pike**, recognized by the Reiser family.
- **Dana Grammer**, recognized by the Sayler family.
- **Dannie “Jojo” Sullivan**, recognized by the Juiliano family.
- **Jars of Clay Children’s Center**, recognized by the Hummer family.
- **Melissa Patterson**, recognized by the Miller family.
- **Shannon Grant**, recognized by the Hummer family.

JULY, AUGUST & SEPTEMBER

Professional Development Opportunities

To register for a class below, visit our professional development calendar at <https://east.ks.childcareaware.org>.

You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete and return the Class Registration Form that is included in this mailing.

Classes below are tailored for specific audiences. Please reference the audience key when selecting a class.

Approved Audience Key: All (A), Directors (D), Family Child Care (F), Infant (I), Toddler (T), Licensing Surveyor or Regulatory Staff (L), Preschool (P), School-Age (S), Youth (Y), Other (O), Appropriate for Parents (*).

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
JULY									
7/7/21 through 7/14/21	9:00 am	***Online Class***		Creating Trauma-Sensitive Classrooms	D, F, P, S, T	Audrey Danielson	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available July 7-14, 2021. Participants can start at 9:00 a.m. on July 7, and have until 11:59 p.m. on July 14.
7/7/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Raising Readers: Early Literacy for Preschool-aged children	D, F, P, T	Susan Drewelow	2	\$12	This class is being offered virtually using Zoom.
7/8/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Darkness to Light: Stewards of Children®	A	Michelle Gilbert	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.
7/10/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Math for All Ages	D, F, I, P, T	Grace Cott	2	\$12	This in an in-person class being held at the Topeka Child Care Aware® office. Masks and social distancing are encouraged.
7/12/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Learn to Play, Play to Learn	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
7/14/21 through 7/21/21	9:00 am	***Online Class***		Building Your Business: Starting Strong with the Basics	F, L	Deb Danielson	3	\$20	Free to Successful Start program participants. This is an online class available July 14-21, 2021. Participants can start at 9:00 a.m. on July 14, and have until 11:59 p.m. on July 21.
7/19/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Books and Cooks: Exploring Early Literacy and Cooking Experiences with Preschoolers	D, F, P	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
7/21/21 through 7/28/21	9:00 am	***Online Class***		Helping Families Navigate Transitions in the Early Years	D, F, I, P, T	Grace Cott	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available July 21-28, 2021. Participants can start at 9:00 a.m. on July 21, and have until 11:59 p.m. on July 28.
7/21/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		If you Give a Teacher a Book, They'll Create Activities to Go With It	D, F, P, T	Grace Cott, Susan Drewelow & Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
7/24/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Medication Administration in Child Care	D, F, I, P, S, T, Y	Audrey Danielson	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
7/28/21	1:00- 4:15 PM	Interactive Online Class Using Zoom		Director's Toolbox: The Director's Role in Supporting Positive Behavior	D	Michelle Gilbert	3	\$15	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
7/31/21	9:00 - 11:00AM	Interactive Online Class Using Zoom		Postpartum Depression: Supporting Families in Child Care	D, F, I	Lexi Merz	2	\$12	This class is being offered virtually using Zoom.
AUGUST									
8/4/21 through 8/11/21	9:00 am	***Online Class***		Using Visual Tools to Improve Child Learning	D, F, P, T	Grace Cott	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available August 4-11, 2021. Participants can start at 9:00 a.m. on August 4, and have until 11:59 p.m. on August 11.
8/4/21 through 8/13/21	9:00 am	***Online Class***		Safe and Healthy Practices for Infants and Toddlers	D, F, I, T	Marie Treichel	4	\$25	This class meets 4 of the 4 hours of the Annual Health and Safety Topic Requirements. Free to CCQI program participants. Cosponsored by Child Care Aware of Kansas. This is an online class available August 4-13, 2021. Participants can start at 9:00 a.m. on August 4, and have until 11:59 p.m. on August 13.
8/4/21 and 8/11/21	6:30 - 8:30 PM	Interactive online class using Zoom		Connections Matter in Early Childhood	A	Talia Juiliano & Michelle Gilbert	4	\$20	Cosponsored by Kansas Children's Service League. This is a four hour class, but is being offered on two nights. Participants must attend both dates in order to receive in-service credit. The additional date for this class is August 11, 2021. This class is being offered virtually using Zoom.

AUGUST CLASSES CONTINUED...

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
8/4/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Experiences, Not Experiments	D, F, P, T	Susan Drewelow	2	\$12	This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
8/7/21	10:00 AM - 12:00 PM	Interactive Online Class Using Zoom		Infant Toddler Early Literacy	D, F, I, T	Audrey Danielson	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
8/14/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Best Practices in Diapering, Toileting and Handwashing	D, F, I, P, T	Grace Cott	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
8/18/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		The Shabby Chic Classroom	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
8/19/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Mindfulness Practices for Children and Adults	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
8/21/21	10:00 AM - 12:00 PM	Interactive Online Class Using Zoom		Let's Get Organized!	D, F, I, P, T	Michelle Gilbert	2	\$12	This class is being offered virtually using Zoom.
8/24/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Learning and Growing: Gardening with Children	D, F, P, T	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
8/25/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy Through Literature: Eric Carle Books	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
8/26/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Art Smart: Scribbles to Scissors	D, F, I, P, T	Lexi Merz	2	\$12	This class is being offered virtually using Zoom.
8/28/21	10:00 AM - 12:00 PM	Interactive Online Class Using Zoom		Medication Administration in Child Care	D, F, I, P, S, T, Y	Audrey Danielson	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.

SEPTEMBER

9/2/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Fingerplay FUN-damentals	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
9/8/21 through 9/15/21	9:00 AM	***Online Class***		Director's Toolbox: Conflict in the Workplace	D	Michelle Gilbert	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available September 8-15, 2021. Participants can start at 9:00 a.m. on September 8, and have until 11:59 p.m. on September 15.
9/8/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		The Shabby Chic Classroom: Taking it Outside	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
9/9/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Emergency Preparedness for Child Care Programs	D, F, I, P, S, T, Y	Michelle Gilbert	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
9/11/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Nursery Rhyme Time	D, F, P	Audrey Danielson	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
9/14/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Signing with Infants and Toddlers	D, F, I, T	Grace Cott	2	\$12	This class is being offered virtually using Zoom.
9/14/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Darkness to Light: Stewards of Children®	A	Talia Juilliano	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. Free to CCQI program participants. Cosponsored by Child Care Aware of Kansas and Kansas Children's Service League. This class is being offered virtually using Zoom.
9/15/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Helping Children and Families with Separation Anxiety	D, F, I, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
9/16/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy Through Literature: Leo Lionni Books	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
9/21/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Circle Time: Triumph or Tragedy	D, F, P, T	Lexi Merz	2	\$12	This class is being offered virtually using Zoom.

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
9/22/21	6:30 - 8:30 PM		Interactive Online Class Using Zoom	Beyond the Bowl: Cereal Isn't Just for Breakfast Anymore!	D, F, P, T	Grace Cott & Susan Drewelow	2	\$12	This class is being offered virtually using Zoom.
9/25/21	10:00 AM - 12:00 PM		Interactive Online Class Using Zoom	Happy Meals: Safe Food Practices and Allergy Awareness	D, F, I, P, S, T	Audrey Danielson	2	\$12	This class meets 2 of the 4 hours of the annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.
9/29/21 through 10/6/21	9:00 am		***Online Class***	Beyond the Book Nook: Creating a Literacy Rich Environment	D, F, I, P, S, T	Grace Cott	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available September 29-October 6, 2021. Participants can start at 9:00 a.m. on September 29, and have until 11:59 p.m. on October 6.
9/29/21	6:30 - 8:30 PM		Interactive Online Class Using Zoom	Starting Out Strong: Supporting Social Emotional Development in Preschoolers	D, F, P	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.

***** Online class participants will receive an email from the instructor containing further instructions for the online class following their registration.**

***** Interactive online Zoom class participants will receive an email with a link that will allow them to join the class.**

***** Masks and social distancing are encouraged during the course of in-person class offerings.**

Class Descriptions

Art Smart: Scribbles to Scissors

Creative art experiences progress from simple scribbles to complex projects. The process of open-ended creative art is different from the project-driven craft project. Learn how to recognize arts and crafts and how to use both to empower children. Core Competency: 2 Levels 1 & 2; CDA: 2.

Best Practices in Diapering, Toileting and Handwashing

Following best practice guidelines in diapering, toileting and handwashing can be one of the most effective ways to keep the children (and adults) in child care safe and healthy. Participants will learn the proper steps for each of these procedures as well as tips and tricks for helping children establish good practices. Core Competency: 5 Level 1; CDA: 2.

Beyond the Book Nook: Creating a Literacy Rich Environment

In this class, we step beyond the book nook and learn strategies to enhance your environment and provide many literacy rich experiences for the children in your program. We will cover materials, the teacher's role and practice with self-evaluation tools so you can custom design a curriculum that works best in your program. Core Competency: 2 Level 2; CDA: 2.

Beyond the Bowl: Cereal Isn't Just for Breakfast Anymore!

Participants in this fun, hands-on class will explore ways to use cereal to support a variety of learning concepts in math, science and literacy. Breakfast may become the most popular meal of the day with these engaging (and inexpensive) ideas! Core Competency: 2 Levels 2 & 3; CDA: 2.

Books and Cooks: Exploring Early Literacy and Cooking Experiences with Preschoolers

Sharing books and cooking experiences with young children can be both very engaging and educational. Participants in this interactive session will explore how combining the two can maximize the learning benefits and the fun! Core Competency: 2 Level 3 and 5 Level 2; CDA: 1 & 2.

Building Your Business: Starting Strong with the Basics

Open your family child care business with connections to all the business resources you need to start strong. Course includes information on writing a solid contract, setting up a smart record-keeping system, and enrolling in the child care subsidy payment system (DCF) and the Child and Adult Care Food Program. Core Competency: 7 Level 2; CDA: 5.

Circle Time: Triumph or Tragedy

Are your circle times a challenge? Do disruptions cause children to lose interest and focus? This session will help you provide meaningful, age-appropriate activities to keep children engaged and increase learning potential. It will also present some strategies for getting a derailed circle time back on track. Core Competency: 6 Levels 2 & 3; CDA: 3.

Connections Matter in Early Childhood

Every day connections are more important than we ever believed. Science tells us that relationships have the power to shape our brains. Relationships help us learn better, work better, parent better. When we experience tough times, they help us heal. With each connection, we develop a healthier,

stronger community. Connections Matter is a training designed to engage community members in building caring connections to improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma. Connections Matter explores how the connections we make in life profoundly impact our brain's ability to grow and our own abilities to cope and thrive. This is done through a training curriculum that educates participants on adverse childhood experiences, trauma, brain development and resilience. Connections Matter ultimately strives to promote the building of more resilient, compassionate, and trauma-informed communities – thus allowing all children and individuals to succeed. Core Competency: 4 Level 2; CDA: 4.

Creating Trauma-Sensitive Classrooms

Research has shown that trauma can undermine children's abilities to learn, create healthy environments, form supportive relationships, and follow classroom expectations. Participants will learn why it is imperative that early childhood settings be safe, trauma-sensitive spaces and how teachers can support children in creating positive self-identities even in challenging times. Core Competency: 2 Levels 1 & 2; CDA: 3.

Darkness to Light: Stewards of Children®

Stewards of Children® is an evidence-informed prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It offers practical prevention training with a conversational, real-world approach. Core Competency: 5 Level 1; CDA: 1.

Director's Toolbox: Conflict in the Workplace

Child care is a service-based industry that relies on staff to be functioning at their best in to provide high-quality care. This class covers strategies on how to prevent and respond to conflict in the workplace to improve staff attendance, reduce turnover and boost your program's reputation. Core Competency: 7 Levels 3 & 4; CDA: 5.

Director's Toolbox: The Director's Role in Supporting Positive Behavior

Child care center directors play a critical role in laying the groundwork for positive guidance in the program. In this course, we will explore policies and procedures that support children, families and staff. Focus will be given to strategies that address challenges without the expulsion of young children. Core Competency: 8 Level 3; CDA: 6.

Emergency Preparedness for Child Care Programs

This class will help child care providers/teachers proactively plan and prepare for emergencies by helping them develop and implement an effective emergency plan in their child care program. Identifying hazards and risks; creating a written plan that addresses the emergency needs of their program; and communicating, practicing, and updating their emergency plan on a regular basis, are some of the effective strategies covered in this class. Video examples and discussions are included to help child care providers walk away with ideas they can begin using right away in their classroom/home environments. Core Competency: 5 Level 3; CDA: 1.

COURSE DESCRIPTIONS CONTINUED ON NEXT PAGE...

Experiences, Not Experiments

This session is designed to explain basic scientific principles in easy to understand terms. Providers will also receive lots of suggestions for child-centered experiences they can incorporate into their classrooms. All of the suggestions are done with easily and afford-ably obtained materials. Science experiences are a natural way to follow a child's lead and allow children to investigate and discover at their own pace. The demonstrations offered will allow providers to see how to set up the experience and participate in it. The handout will have detailed instructions on how to facilitate the experiences done in class. Core Competency: 2 Level 2; CDA: 2.

Fingerplay FUN-damentals

It's no secret that fingerplays and action rhymes are powerful tools for building early literacy skills, but they can also be used to strengthen a range of other skills, as well. In this class, participants will add new fingerplays to their repertoire while learning about the benefits of using fingerplays and action rhymes with young children and props that can be used to enhance fingerplays. Core Competency: 2 Levels 1 & 2; CDA: 2.

Happy Meals: Safe Food Practices and Allergy Awareness

Participants will learn safe food practices including sanitary preparation, meal service and proper food storage. Participants will also learn how to prepare meals for a child who has food allergies and how to respond to an allergic reaction due to food. Core Competency: 5 Levels 1 & 2; CDA: 1.

Helping Children and Families with Separation Anxiety

Separation anxiety doesn't just affect young children. When children have difficulty separating, it impacts the family and caregivers, as well. Participants will learn about the developmental nature of separation anxiety and strategies that can be used to make the separation process less stressful for all involved. Core Competency: 2 Level 1 and 4 Level 2; CDA: 3 & 4.

Helping Families Navigate Transitions in the Early Years

Participants in this course will learn how to support children and their families through early childhood transitions. This class will focus on three types of transitions in early childhood settings: home to child care, classroom to classroom in the same program and preschool to kindergarten. Core Competency: 4 Levels 1, 2 & 3; CDA: 4.

If You Give a Teacher a Book, They'll Create Activities to Go with It

This class will introduce participants to the concept of using children's books to plan a curriculum that addresses all developmental domains and all areas of the room. A variety of high-quality children's books will be used as a basis for creating play-based, developmentally appropriate experiences. Core Competency: 2 Level 3; CDA: 2.

Infant Toddler Early Literacy

Learn what early literacy is and the six skills needed for children to learn to read. Discussion will include the importance of reading and using nursery rhymes with infants and toddlers, and how to choose age-appropriate books. Core Competency: 2 Level 2; CDA: 2.

Learn to Play, Play to Learn

Play and learning go hand-in-hand. Through play, children learn a multitude of skills. For some children, play is instinctual and comes easily. Other children may need more concrete support in learning to play. Participants in this class will explore the value to play and ways to help all children experience the joy of playing! Core Competency: 2 Levels 1 & 2; CDA: 1.

Learning and Growing: Gardening with Children

Discover the excitement and many benefits young children get through gardening. Learn how to incorporate gardening into your child care program and get ideas for fun classroom projects. The children will "grow" to love it! Core Competency: 2 Level 2; CDA: 1.

Let's Get Organized!

Participants will explore a variety of organizational strategies which can be applied to both the child care setting and home life. Core Competency: 8 Levels 1 & 2; CDA: 6.

Literacy through Literature: Eric Carle Books

Eric Carle is one of the most beloved children's authors of all time. Participants in this course will learn how his classic stories can be used to build a curriculum that reinforces skills in all developmental domains. Core Competency: 2 Level 3; CDA: 2.

Literacy through Literature: Leo Lionni Books

Participants will learn how children's books can be used as a foundation to build a complete curriculum that addresses all developmental areas. In this class, books and extension ideas for books by Leo Lionni will be the focus. Core Competency: 2 Level 3; CDA: 2.

Math for All Ages

Participants will learn basic math concepts and be able to plan activities that support math development for children ages six months to five years. Core Competency: 2 Level 2; CDA: 2.

Medication Administration in Child Care

Administering medication in the child care setting can be confusing and time consuming. Participants will learn the risks of administering medication, prevention for mistakes and methods for effective administration. Core Competency: 5 Level 2; CDA: 1.

Mindfulness Practices for Children and Adults

Over the past two decades, hundreds of research studies have been done on mindfulness practices. This class will explore some of the benefits of utilizing mindfulness practices in the early learning environment. Simple, everyday strategies will be shared for increasing mindfulness in young children and adults. Core Competency: 2 Level 2 and 8 Level 1; CDA: 2 & 6.

Nursery Rhyme Time

Using nursery rhymes with young children can be a fun, easy way to promote important early literacy concepts. Participants will explore a variety of nursery rhymes and activities to support each one. Core Competency: 2 Level 2; CDA: 2.

Postpartum Depression: Supporting Families in Child Care

What is Postpartum Depression? Researchers believe that depression and anxiety are the among the most common problems that women may experience during and after pregnancy. While these symptoms may develop in anyone, there are risk factors that could place some women at greater risk. Participants in the training will discover ways to provide supports to families during this stressful time in their lives. Core Competency: 4 Level 1; CDA: 4.

Raising Readers: Early Literacy for Preschool-aged Children

In this course, participants will learn about six important skills that create a strong early literacy foundation for young children. Strategies will be shared to build print motivation, alphabet knowledge, phonological awareness, vocabulary, narrative skills, and print awareness. Core Competency: 2 Level 2; CDA: 2.

Safe and Healthy Practices for Infants and Toddlers

In this course we will review strategies for keeping infants and toddlers safe during their play and sleep activities. We'll cover methods for preventing and responding to food allergies, how to prevent injuries during play activities, and ways to help infants and toddlers sleep in the safest environments. This class meets 4 of the 4 hours of the Annual Health and Safety Topic Requirements. Core Competency: 5 Levels 1, 2 and 3; CDA: 1.

Signing with Infants and Toddlers

Explore ways to enhance children's communication through sign language. Participants will learn simple signs to use in daily routines and play with infants and toddlers. A variety of play activities, songs, and books that support language development and the use of sign language will be shared. Core Competency: 2 Levels 1 & 2; CDA: 2.

Starting Out Strong: Supporting Social-Emotional Development in Preschoolers

In this class, participants will learn about factors that influence social and emotional development in preschoolers. Strategies for building social and emotional skills through experiences, environmental supports and interactions will be shared. Core Competency: 2 Levels 1 & 2; CDA: 3.

The Shabby Chic Classroom

Participants in this class will have the opportunity to re-imagine their environment and consider new ways to re-purpose materials to turn them into valuable assets in the classroom! Core Competency: 2 Level 3; CDA: 1.

The Shabby Chic Classroom: Taking it Outside

Participants in this class will have an opportunity to re-imagine their outdoor space and consider new ways to re-purpose materials to turn them into valuable assets to enhance their outdoor learning spaces. Core Competency: 2 Level 3; CDA: 1.

Using Visual Tools to Improve Child Learning

Explore a variety of visual tools that can be used to help children learn executive skills, foster language development, and grow their independence and social/emotional skills. We'll cover strategies for preventing challenging behavior, enhancing memory, and improving communication using visuals that can be tailored to meet the unique needs in your classroom. Core Competency: 2 Level 3 and 6 Level 2; CDA: 1 & 3.

Class Registration Form...

To register for Child Care Aware® of Eastern Kansas classes, visit our professional development calendar at <https://east.ks.childcareaware.org> and register online. You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete the form below and submit it with payment to:

Child Care Aware® of Eastern Kansas, Attn. Professional Development
1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604

Attendee Information

Name: _____

Center/Business: _____

Address: _____

City: _____ Zip: _____ County: _____

Phone: _____ Email: _____

I would like to enroll in the following classes:

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

PAY BY CREDIT CARD

Card Type: ☐ Visa ☐ Mastercard ☐ Discover

Name on Card: _____

Credit Card Number: _____ Expiration Date: _____

Zip Code for Card: _____ Security Code (three-digit number on back of card): _____

If you are late to an in-service class, you will not receive a certificate.

Find updated classes on the Class Calendar at <https://east.ks.childcareaware.org>.

For office use only...

☐ **PAID**

Class Info

Policies for Child Care Aware® of Eastern Kansas sponsored professional development sessions:

- Registration accompanied by payment is required to complete registration for any class that is sponsored by Child Care Aware® of Eastern Kansas. The deadline for registration of classes occurring on a weekday is 12 PM the business day before the class is scheduled. The deadline for registration of classes occurring on Saturdays is 8 AM the Friday before the class is scheduled. You may register online, by mail or by phone to pay with a credit or debit card. Payment will not be accepted at class.

- If you cancel by the registration deadline for the class, the fee may be transferred to another class to be held in the future. Refunds are not available. In cases of emergencies (illness or other unplanned situation), you may call and cancel up to 2 hours (during normal business hours) prior to the time the class is scheduled to begin. If you are calling after hours (after 5 PM on a weekday or over the weekend), please leave a message with the time of your call and the reason for your late cancellation. You will only be able to transfer your payment one time to a different class. If you are unable to attend the class you have been transferred to, there will be no refunds or further transfers. Refunds or transfers will not be issued for those who fail to notify us if they are unable to attend.
- A minimum of 10 class participants is required. A class with insufficient enrollment may be canceled by Child Care Aware® of Eastern Kansas. Paid registrants may elect to take a coupon or be added to a future class.

- Participants enrolled in online Zoom classes that attempt to log into the class more than 10 minutes late will not be permitted to participate in the class. Participants enrolled in e-learning online classes (coursework that runs one week or more) must log in and begin posting by the fourth day of class or they will be unenrolled.
- In cases of inclement weather, every effort will be made to make a decision about canceling class three hours prior to the scheduled class start time. Registered participants will be notified by phone, but if you have any questions, you are welcome to call the Child Care Aware® of Eastern Kansas Topeka office at 785-357-5171 to determine whether a class will be held.
- Please do not bring children to any in-service class.
- Exceptions to these policies may be made as appropriate after review by a member of the Child Care Aware® of Eastern Kansas management staff.

Child Care Quality Initiative

Earn FREE KDHE Hours & Get Paid to Take Classes!

NOW ACCEPTING PROGRAM APPLICATIONS!

Attention: Allen, Bourbon, Cherokee, Crawford, Labette, and Neosho County, as well as Ottawa, Kansas **family child care providers!**

Benefits of CCQI Program Participation:

- Free professional development training (KDHE approved)
- Monthly mentoring
- Networking opportunities with other child care providers
- Family engagement strategies and events
- Financial stipends and more!

Eligibility Requirements:

- Licensed family/group child care home providers
- In good standing with KDHE
- Working computer/internet

For more information, Allen, Bourbon, Cherokee, Crawford, Labette and Neosho County, contact Talia Juiliano at talia@east.ks.childcareaware.org or by phone at 620-232-9700.

Family child care providers in Ottawa, Kansas, contact Deb Danielson at deb@east.ks.childcareaware.org or by phone at 785-224-6479.



Pick up a Yard Sign at Our Topeka Office

Yard signs are still available for pick-up at our Topeka office (1100 SW Wanamaker Rd., Topeka, Kansas 66604, Suite 201). We are happy to provide yard signs to you during business hours, Monday–Friday, 8:00 am–5:00 pm. To arrange pick-up email mark@east.ks.childcareaware.org or call 785-440-4513.