

Regional News & Notes

October, November, December 2021

ERC Resource & Referral, Inc., d/b/a Child Care Aware® of Eastern Kansas

Mark Your Calendar...

Topeka's Lending Library Hours

8 AM - 5 PM

(1100 SW Wanamaker Rd.,
#201, Topeka, Kansas)

Please call 785-357-5171
or toll-free 877-678-2548 to
schedule an appointment.

Topeka's Weekend Lending Library Hours

9 AM - 12 PM

(1100 SW Wanamaker Rd.,
#201, Topeka, Kansas)

- Saturday, Oct. 2, 2021
- Saturday, Oct. 16, 2021
- Saturday, Nov. 6, 2021
- Saturday, Nov. 20, 2021
- Saturday, Dec. 4, 2021
- Saturday, Dec. 18, 2021

*For weekend lending library
dates, appointments must be
scheduled by noon the Friday
before. Please call 785-357-
5171 or toll-free 877-678-2548
to schedule an appointment.

Offices Closed

- Thursday, Nov. 25, 2021
- Friday, Nov. 26, 2021
- Friday, Dec. 24, 2021



Can You Take Five Minutes for a Chance to Win a \$100 Gift Card?

Child Care Aware® of Eastern Kansas is proud to announce a new incentive for all child care programs in our region, beginning October 1. Programs that update their vacancy information between the 1st and 10th of each month will be entered into a drawing to win a \$100 gift card from one of the early childhood vendors that support our cause! Keeping our vacancy data current is a top priority for us, and helps make the child care search process easier for families. Please mark your calendar now so you don't miss out, and plan to enter every month to increase your chance of winning! Winners will be contacted by phone immediately following each drawing and announced in The Sandbox, our weekly e-newsletter! If you haven't already, sign up today by visiting <https://bit.ly/WeeklySandbox>.

Thank you to our prize sponsors:



2021 KSAEYC Annual Meeting & Professional Development Event - October 8-9th!

The 2021 Kansas Association for the Education of Young Children (KSAEYC) Annual Meeting & Professional Development takes place October 8-9th! Kansas early childhood professionals are invited to join in for a dynamic professional learning experience. This year's virtual event will provide you with powerful professional development learning sessions and network opportunities.

2021 Event Features:

- Learn from experts Lisa Roy, Ed.D and Vladimir Sainte, LCSW
- Free bonus access to the Friday evening event
- Receive a total of 5 KDHE approved professional development hours*
- Door Prizes
- Social Hour

*Only participants who follow the requirements mentioned in the registration form and attend all of learning sessions will receive KDHE approved in-service hours.

Friday, October 8th (6:30 p.m. – 8:30 p.m.)

Saturday, October 9th (8:30 a.m. – 2:30 p.m.)

Register today at <https://kaeyc.net/events/ksaeyc-annual-conference/>.

Main Office: 1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604

785-357-5171 • 1-877-678-2548 toll free • 785-357-1813 fax

<https://east.ks.childcareaware.org> • info@east.ks.childcareaware.org

Facebook.com/ChildCareAwareKS • Twitter.com/CCAOKS • Pinterest.com/CCAOKS

Child Care Aware® of Eastern Kansas supports the healthy development of young children by improving access to high-quality child care options and educational resources for families and early childhood professionals.



Kansas Reads

TO PRESCHOOLERS

November 2021

Selected Title **Grumpy Bird**, Story & Art by Jeremy Tankard

Each year, the Kansas State Library selects a book to feature as a way to promote the importance of reading with young children. The event, called Kansas Reads to Preschoolers, is celebrated throughout the month of November. This year, the feature book is "Grumpy Bird" by Jeremy Tankard.

With simple rhyming text, colorful illustrations and a powerful message, this book provides a wonderful opportunity to talk with children about feelings. Try some of these activities as extensions to the book.

Today I Feel...

Download a free copy of the feelings mats from <https://www.fantasticfunandlearning.com/teaching-feelings-today-i-feel-play-dough-mats.html>. Provide children with play dough. Invite them to use dough to create a face showing how they feel.

Feelings Bean Bag Toss

Attach pictures showing a variety of emotions to the floor with painter's tape. Invite children to take turns tossing a bean bag at the emotion pictures. Encourage children to make a face showing the emotion that the bean bag landed on (or closest to.)

Mood Music

Provide children with water color paints, brushes and large pieces of paper. Play different styles of music and ask the children to paint how the music makes them feel. This activity is especially fun when you use music with different tempos and tones.

Name That Emotion

For this activity the adult makes a face showing an emotion. Start with basic emotions such as happy, sad, scared or mad. See if children can identify and label the emotion. Once children are able to name the basic emotions, you can expand to others such as frustrated, curious, bored, etc.

Feelings

(Sung to the tune of: Twinkle, Twinkle Little Star)

I have feelings, so do you!
Let's all sing about a few.
We get happy, we get sad.
We get scared, we get mad.
I am proud of being me!
That's a feeling, too, you see.
Sharing feelings is great to do,
I have feelings, so do you!



-Adapted by Jean Warren

When I'm Happy and I Know It

(Sung to the tune of: If You're Happy and You Know It)

When I'm happy and I know it,
I can _____.
When I'm happy and I know it,
I can _____.
When I'm happy and I know it,
My face and body show it!
When I'm happy and I know it,
I can _____.

When I'm Sad and I Know It

When I'm sad and I know it,
I can _____.
When I'm sad and I know it,
I can _____.
When I'm sad and I know it,
My face and body show it!
When I'm sad and I know it,
I can _____.



**Invite children to share different things they can do to express each of the emotions. Continue with calm, scared, mad, etc. - Michelle Gilbert*

Here is a list of other books about feelings that can be used along with Grumpy Bird:

- "Bear Feels Scared" by Karma Wilson
- "How Are You Peeling? Foods with Moods" by Saxton Freymann
- "Lots of Feelings" by Shelly Rotner
- "The Feel Good Book" by Todd Parr
- "The Pout-Pout Fish" by Deborah Diesen
- "The Way I Feel" by Janan Cain
- "Tough Guys (Have Feelings Too)" by Keith Negley
- "When Sophie Gets Angry – Really, Really Angry..." by Molly Bang



For more information on Kansas Reads to Preschoolers 2021, visit the State Library website, <https://kslib.info/1472/Kansas-Reads-to-Preschoolers-2021>

For additional information on Jeremy Tankard's books, visit <https://jeremytankard.com/>

If you need visuals to use for feelings activities, there are a variety of free printable resources on Teachers Pay Teachers, <https://bit.ly/TeachersPayTeachersFree>

OCTOBER, NOVEMBER & DECEMBER

Professional Development Opportunities

To register for a class below, visit our professional development calendar at <https://east.ks.childcareaware.org>.

You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete and return the Class Registration Form that is included in this mailing.

Classes below are tailored for specific audiences. Please reference the audience key when selecting a class.

Approved Audience Key: All (A), Directors (D), Family Child Care (F), Infant (I), Toddler (T), Licensing Surveyor or Regulatory Staff (L), Preschool (P), School-Age (S), Youth (Y), Other (O), Appropriate for Parents (*).

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
OCTOBER									
10/2/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Getting Your Ducks in a Row: Developmentally Appropriate Routines and Transitions	D, F, P	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
10/5/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Shared vs. Separate: Designing Your Family Child Care Business	F	Susan Drewelow	2	\$12	This class is being offered virtually using Zoom.
10/6/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Understanding and Guiding Children's Behavior	D, F, P, S, T	Michelle Gilbert	2	\$12	This class is being offered virtually using Zoom.
10/9/21	9:30 AM - 2:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Self-Regulation in Action: Supporting the Development of Focus and Control in Young Children	D, F, P, T	Audrey Danielson	4	\$20	This in an in-person class being held at the Topeka Child Care Aware® office. Masks and social distancing are encouraged.
10/11/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Social and Emotional Literacy	D, F, I, P, S, T	Grace Cott	2	\$12	This class is being offered virtually using Zoom.
10/12/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Creating Literacy-Rich Centers	D, F, P	Michelle Gilbert & Debbie Hildebrandt	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
10/13/21 through 10/20/21	9:00 am	***Online Class***		Building Your Business: Attracting and Retaining Families	F, L	Marie Treichel	3	\$20	Free to Successful Start program participants. This is an online class available October 13-20, 2021. Participants can start at 9:00 a.m. on October 13, and have until 11:59 p.m. on October 20.
10/20/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Are You a “Stopper” or a Teacher”? Using Mindful Communication to Deepen Children's Understanding and Support Development	D, F, P	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
10/21/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Meaningful Conversations with Infants and Toddlers	D, F, I, T	Audrey Danielson	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
10/22/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom (Shawnee Co. Only)		Helping Children and Families and Transition to Kindergarten	D, F, P	Michelle Gilbert	2	Free	Due to grant funding, this class is available to Shawnee county providers only. This class is being offered virtually using Zoom.
10/27/21 through 11/3/21	9:00 am	***Online Class***		Growing Engineers - How to Teach Beginning Engineering Concepts Through Block Play	D, F, P, S, Y	Grace Cott	3	\$20	Free to Literacy Connection program participants. Cosponsored by Capital Area Successful Start. This is an online class available October 27-November 3, 2021. Participants can start at 9:00 a.m. on October 27, and have until 11:59 p.m. on November 3.
10/28/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy through Literature: Denise Fleming Books	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
NOVEMBER									
11/2/21	6:30 - 8:30 PM	Interactive online class using Zoom		Learning Fun with “Grumpy Bird”	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
11/4/21	6:30 - 8:30 PM	Interactive online class using Zoom		Uh Oh! Gotta Go! Toilet Learning Tips	D, F, I, T	Audrey Danielson	2	\$12	This class is being offered virtually using Zoom.
11/6/21	9:00 AM - 4:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Foundations of Quality Child Care - Part 1	A	Lexi Merz	6	\$30	This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided. Participants who register and pay for both Part 1 on November 6 and Part 2 on November 20 will receive a discounted rate of \$50 for both classes.
11/9/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Conscientious Child Care	D, F, I, P, S, T	Susan Drewelow	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.

NOVEMBER CLASSES CONTINUED...

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
11/10/21 through 11/17/21	9:00 am	***Online Class***		Teaching Critical Thinking Skills Through Loose Materials	D, F, P, S, Y	Audrey Danielson	3	\$20	Free to Literacy Connection program participants. Cosponsored by Capital Area Successful Start. This is an online class available November 10-17, 2021. Participants can start at 9:00 a.m. on November 10, and have until 11:59 p.m. on November 17.
11/10/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Meeting the Needs of Children through Trauma-Informed Practices	D, F, I, P, T	Michelle Gilbert	2	\$12	This class is being offered virtually using Zoom.
11/13/21	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Environments, Routines and Strategies that Support Social and Emotional Development in Young Children	D, F, I, P, S, T	Grace Cott	2	\$12	This is an in-person class being held at the Topeka Child Care Aware® office. Masks and social distancing are encouraged.
11/16/21	1:00 - 4:15 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Director's Toolbox: Changing Minds	D	Michelle Gilbert	3	\$15	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
11/17/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Counting Crocodiles	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
11/18/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy Through Literature: Karma Wilson Books	D, F, P, T	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
11/20/21	9:00 AM - 4:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Foundations of Quality Child Care - Part 2	A	Lexi Merz	6	\$30	This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided.
11/22/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Compassion Fatigue: Addressing Caregiver Burnout	D, F, I, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.

DECEMBER

12/1/21 through 12/8/21	9:00 AM	***Online Class***		The Journey to Independence: Applying Child Development in Daily Practice	D, F, I, P, T	Grace Cott	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available December 1-8, 2021. Participants can start at 9:00 a.m. on December 1, and have until 11:59 p.m. on December 8.
12/1/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Developing Powerful Interactions with Young Children	D, F, I, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
12/2/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Avoiding the "Cookie Cutter" Approach to Children with Diverse Abilities	D, F, I, P, T	Audrey Danielson	2	\$12	This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
12/4/21	10:00 AM - 12:00 PM	Interactive Online Class Using Zoom		Making the Most of Meal Time	D, F, P, T	Grace Cott	2	\$12	This class meets 2 of the 4 hours of the Annual Health & Safety Topic Requirements. This class is being offered virtually using Zoom.
12/6/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy Through Literature: Jan Brett Books	D, F, P	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
12/7/21	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	The Nature of Science	D, F, P, S, T	Susan Drewelow	2	\$12	This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
12/8/21 through 12/15/21	9:00 am	***Online Class***		Creating Trauma-Sensitive Classrooms	D, F, P, S, T	Audrey Danielson	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available December 8-15, 2021. Participants can start at 9:00 a.m. on December 8, and have until 11:59 p.m. on December 15.
12/9/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Compassion Fatigue: Addressing Caregiver Burnout	D, F, I, P, T	Michelle Gilbert	2	\$12	This class is being offered virtually using Zoom.
12/13/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Be a Transition Magician	D, F, P, T	Lexi Merz	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
12/14/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Bound Together with Love: Building Healthy Collaborations with Families	D, F, I, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
12/15/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		LETRS-Interactive Storybook Routines	D, F, P	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
12/20/21	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Dollar Store Literacy	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.

*** Online class participants will receive an email from the instructor containing further instructions for the online class following their registration.

*** Interactive online Zoom class participants will receive an email with a link that will allow them to join the class.

*** Masks and social distancing are encouraged during the course of in-person class offerings.

Class Descriptions

Are You a “Stopper” or a Teacher”? Using Mindful Communication to Deepen Children’s Understanding and Support Development

This class will look at ways early childhood professionals can use language to help children become confident problem solvers and enhance their development. Core Competency: 2 Levels 1 & 3 and 6 Level 3; CDA: 2 & 3.

Avoiding the “Cookie Cutter” Approach to Children with Diverse Abilities

This training will give child care providers information on developmental milestones, definitions of specific disabilities, and classroom modifications that can be made to include the child with special needs. Child care providers will also learn the limitations of diagnostic categories, and the importance of learning about the individual child. They will also learn about early intervention programs and community resources. Core Competency: 1 Levels 1 & 3; CDA: 8.

Be a Transition Magician

Transitions are part of our daily life, but can be very difficult for many young children. This class will explore strategies for minimizing the impact of transitions and will empower participants with innovative ideas for a variety of transition times. Core Competency: 6 Levels 2 & 3; CDA: 3.

Bound Together with Love: Building Healthy Collaborations with Families

Early childhood professionals build partnerships with families as an important strategy to promote healthy child development. Building healthy relationships is the foundation for these partnerships. This session supports early childhood providers by offering strategies for active listening, self-awareness and reflection as a basis for establishing healthy, collaborative relationships with families. Core Competency: 4 Levels 1 & 2; CDA: 4.

Building Your Business: Attracting and Retaining Families

Setting up your family child care environment is more than putting toys on the shelf. The right environment is key to attracting and retaining clients, reducing your business risk, and making your job a success. Course includes guidelines on writing a supervision plan, business policies and implementing marketing strategies. Core Competency: 4 Level 2, 5 Level 1 and 7 Levels 2 & 3; CDA: 1, 4, & 5.

Compassion Fatigue: Addressing Caregiver Burnout

As caregivers, early childhood professionals give a great deal of themselves to nurture, educate and support young children and families. While this can be a very rewarding part of the job, it can also be emotionally draining. Participants will learn strategies to protect themselves from compassion fatigue and ultimately from work-related burn out. Core Competency: 8 Level 2; CDA: 6.

Connections Matter in Early Childhood

Every day connections are more important than we ever believed. Science tells us that relationships have the power to shape our brains. Relationships help us learn better, work better, parent better. When we experience tough times, they help us heal. With each connection, we develop a healthier, stronger community. Connections Matter is a training designed to engage community members in building caring connections to improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma. Connections Matter explores how the connections we make in life profoundly impact our brain's ability to grow and our own abilities to cope and thrive. This is done through a training curriculum that educates participants on adverse childhood experiences, trauma, brain development and resilience. Connections Matter ultimately strives to promote the building of more resilient, compassionate, and trauma-informed communities – thus allowing all children and individuals to succeed. Core Competency: 4 Level 2; CDA: 4.

Conscientious Child Care

Participants will explore common chemicals and toxins found in foods, household cleaners and even toys that can negatively impact the health of children in child care. Strategies will be shared for small, easy to implement changes providers can make in their child care environment to make things healthier for everyone! Core Competency: 5 Level 3; CDA: 1.

Counting Crocodiles

Providers will learn which math activities are appropriate for each age group. They will be given the opportunity to apply that knowledge by developing activities based on popular children's books. They will learn about the 7 concrete learning areas of math - number recognition, classification/ comparison, measuring, counting (cardinal and ordinal), spatial relationships, graphing and ordering. They will use these areas to develop math activities to help children gain an understanding in those concepts. Core Competency: 2 Level 2; CDA: 2.

Creating Literacy-Rich Centers

This class will provide ideas for adding a variety of early literacy experiences to your learning centers. Core Competency: 2 Level 2; CDA: 2.

Creating Trauma-Sensitive Classrooms

Research has shown that trauma can undermine children's abilities to learn, create healthy environments, form supportive relationships, and follow classroom expectations. Participants will learn why it is imperative that early childhood settings be safe, trauma-sensitive spaces and how teachers can support children in creating positive self-identities even in challenging times. Core Competency: 2 Levels 1 & 2; CDA: 3.

Developing Powerful Interactions with Young Children

We have a variety of interactions with young children everyday, but not all of those interactions lead to positive relationships that help extend children's learning. In this class, we will explore factors that lead to stronger, more intentional interactions. We will also learn about easy steps participants can take to make a difference in the quality of their interactions with young children. Core Competency: 6 Level 2; CDA: 3.

Director’s Toolbox: Changing Minds

Participants in this course will explore how theories of change relate to their work as early childhood directors. Time will be spent exploring our own perceptions about change, as well as seven levers for leading others to change. Core Competency: 8 Level 5; CDA: 6.

Dollar Store Literacy

Join us for fun, creative, and inexpensive ideas to enhance your literacy curriculum inspired by a trip to your local dollar or discount store. Core Competency: 2 Level 3; CDA: 2.

Environments, Routines and Strategies that Support Social and Emotional Development in Young Children

Discover how consistent routines and fun, meaningful activities can reduce challenging behaviors. After this training, you will know how to design your environment, schedule, and routines to help support a child's social and emotional development. Core Competency: 2 Level 2 and 6 Level 2; CDA: 3.

Foundations of Quality Child Care - Part 1

This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 1 will cover the following topics: child abuse and neglect including prevention of shaken baby syndrome and abusive head trauma, prevention and control of infectious diseases, childhood illnesses, medication administration, safe handling hazardous materials including bio-hazards and bodily fluids, and transportation safety. Core Competency: 5 Levels 1 & 2; CDA: 1.

Foundations of Quality Child Care - Part 2

This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 2 will cover the following topics: basic child development including the supervision of children, safe sleep practices, emergency preparedness, prevention and response to emergencies due to food and allergic reactions and building and premises safety. Core Competency: 1 Levels 1 & 2 and 5 Levels 1, 2 & 3; CDA: 1 & 8.

COURSE DESCRIPTIONS CONTINUED ON NEXT PAGE...

Getting Your Ducks in a Row: Developmentally Appropriate Routines and Transitions

This professional development event will offer participants developmentally appropriate ideas for organizing and maintaining the structures, routines and transitions in a preschool learning environment. Special attention will be given to creating environmental structures that recognize children as individuals with varying abilities to balance routines and transitions. Core Competency: 6 Levels 2 & 3; CDA: 3.

Growing Engineers - How to Teach Beginning Engineering Concepts Through Block Play

Enroll in this class to get ideas and inspiration for using your block area to teach beginning engineering concepts. We will cover the five-step engineering design process, write a preschool lesson plan and practice using it in your classroom. Core Competency: 2 Levels 2 & 3; CDA: 2.

The Journey to Independence: Applying Child Development in Daily Practice

Join us as we explore ways to apply child development knowledge into daily practice and lesson planning to support children's growth and development in all domains. We will cover the progression from infancy through the preschool years as children develop in their communication, self-help, sharing and problem-solving skills. Core Competency: 5 Levels 2 Levels 2 & 3; CDA: 1.

Learning Fun with "Grumpy Bird"

Join us for a playful approach to skill building activities and experiences based on the 2021 Kansas Reads to Preschoolers book, "Grumpy Bird" by Jeremy Tankard. While a significant focus of this class will be on social/emotional learning, participants will also learn how to use the book to build a curriculum that includes learning experiences around the room and in all domains. Core Competency: 2 Levels 2 & 3; CDA: 2.

LETRS-Interactive Storybook Routines

Teachers who use interactive storybook reading strategies actively guide children's learning and understanding by asking questions, adding information, and encouraging children to respond to expand their thoughts and understandings. Participants in this session will learn how to select the right book for interactive storytimes, how to plan for repeated readings and strategies to strengthen any storytime experience. Core Competency: 2 Level 2; CDA: 2.

Literacy through Literature: Denise Fleming Books

Denise Fleming is the author of some of the most beloved children's books. In this class, participants will learn how her books can be used to create learning experiences for young children in all developmental areas. Core Competency: 2 Level 3; CDA: 2.

Literacy through Literature: Jan Brett Books

Participants in this interactive class will explore the classic tales of author and illustrator, Jan Brett. The focus of the class will be on using her books to create engaging, developmentally appropriate learning experiences for preschoolers. Core Competency: 2 Level 3; CDA: 2.

Literacy through Literature: Karma Wilson Books

Many people know Karma Wilson for her popular series of "Bear" books, but she has also authored dozens of other books for young children. Participants in this class will explore her work and how her books can be used to create fun, engaging learning experiences for young children across all developmental domains. Core Competency: 2 Level 3; CDA: 2.

Making the Most of Meal Time

In this session, participants will learn about family-style meals and how the technique can be used successfully in a group care setting. Both the challenges and benefits of family-style meals will be covered, as well as tips for making meal times enjoyable opportunities for learning and positive social interaction. Core Competency: 5 Level 1; CDA: 1.

Meaningful Conversations with Infants and Toddlers

Conversations are a key factor in many aspects of caring for infants and toddlers. Conversations can be used to support meaningful interactions, build social connections and introduce language. This class will focus on strategies for having meaningful conversations with very young children. Core Competency: 2 Level 2; CDA: 2.

Meeting the Needs of Children through Trauma-Informed Practices

While critically important, supporting children and families who have experienced trauma can feel like a daunting responsibility for early childhood

professionals. This class will introduce participants to current information on how trauma impacts young children and everyday practices that can provide much needed support. Core Competency: 5 Level 3; CDA: 3.

The Nature of Science

In this class, participants will explore the natural sciences such as geology, biology and astronomy and how these sciences can be shared with young children. Participants will also learn strategies for bringing the natural world into the classroom. Core Competency: 2 Level 2; CDA: 1.

Self-Regulation in Action: Supporting the Development of Focus and Control in Young Children

The ability to focus our attention and to control our impulses are essential to school success. We know from research that these skills are closely related to the ability to self-regulate and there are many ways we can encourage this development. Participants in this training will gain an understanding of self-regulation and will learn strategies that will help them increase the level of focus and control in young children. Core Competency: 1 Level 3 and 6 Levels 2 & 3; CDA: 3 & 8.

Shared vs. Separate: Designing Your Family Child Care Business

Balancing child care and home space can be a challenge in a family child care home. This class will help you look at your space and think of creative organization solutions. Information about Developmentally Appropriate Practice (DAP) will be shared as a basis for designing a relaxed, family-friendly environment and curriculum. Core Competency: 2 Level 1; CDA: 1.

Social and Emotional Literacy

This training identifies strategies, such as problem solving and games to teach children emotional literacy and emotional regulation. Transform your program as you help children identify emotions and teach them positive social skills that foster friendships. Core Competency: 2 Level 2 and 5 Level 2; CDA: 3.

Teaching Critical Thinking Skills Through Loose Materials

What do washers, buttons, sticks and stones have to do with school readiness? Learn how loose materials can be used to teach children higher order thinking when paired with Bloom's Taxonomy of question-asking strategies. Core Competency: 2 Levels 2 & 3; CDA: 2.

Uh Oh! Gotta Go! Toilet Learning Tips

Participants will look at signs of potty training readiness and how to work with parents to make potty training a positive experience for the child, family and provider. Core Competency: 1 Level 1; CDA: 8.

Understanding and Guiding Children's Behavior

Participants will learn age-appropriate, positive guidance strategies and techniques. The importance of providing a supportive environment where children can safely practice appropriate behaviors will also be covered. Core Competency: 6 Levels 1 & 2; CDA: 3.



Class Registration Form...

To register for Child Care Aware® of Eastern Kansas classes, visit our professional development calendar at <https://east.ks.childcareaware.org> and register online. You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete the form below and submit it with payment to:

Child Care Aware® of Eastern Kansas, Attn. Professional Development
1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604

Attendee Information

Name: _____

Center/Business: _____

Address: _____

City: _____ Zip: _____ County: _____

Phone: _____ Email: _____

I would like to enroll in the following classes:

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

PAY BY CREDIT CARD

Card Type: ☐ Visa ☐ Mastercard ☐ Discover

Name on Card: _____

Credit Card Number: _____ Expiration Date: _____

Zip Code for Card: _____ Security Code (three-digit number on back of card): _____

If you are late to an in-service class, you will not receive a certificate.

Find updated classes on the Class Calendar at <https://east.ks.childcareaware.org>.

For office use only...

☐ **PAID**

Class Info

Policies for Child Care Aware® of Eastern Kansas sponsored professional development sessions:

- Registration accompanied by payment is required to complete registration for any class that is sponsored by Child Care Aware® of Eastern Kansas. The deadline for registration of classes occurring on a weekday is 12 PM the business day before the class is scheduled. The deadline for registration of classes occurring on Saturdays is 8 AM the Friday before the class is scheduled. You may register online, by mail or by phone to pay with a credit or debit card. Payment will not be accepted at class.

- If you cancel by the registration deadline for the class, the fee may be transferred to another class to be held in the future. Refunds are not available. In cases of emergencies (illness or other unplanned situation), you may call and cancel up to 2 hours (during normal business hours) prior to the time the class is scheduled to begin. If you are calling after hours (after 5 PM on a weekday or over the weekend), please leave a message with the time of your call and the reason for your late cancellation. You will only be able to transfer your payment one time to a different class. If you are unable to attend the class you have been transferred to, there will be no refunds or further transfers. Refunds or transfers will not be issued for those who fail to notify us if they are unable to attend.
- A minimum of 10 class participants is required. A class with insufficient enrollment may be canceled by Child Care Aware® of Eastern Kansas. Paid registrants may elect to take a coupon or be added to a future class.

- Participants enrolled in online Zoom classes that attempt to log into the class more than 10 minutes late will not be permitted to participate in the class. Participants enrolled in e-learning online classes (coursework that runs one week or more) must log in and begin posting by the fourth day of class or they will be unenrolled.
- In cases of inclement weather, every effort will be made to make a decision about canceling class three hours prior to the scheduled class start time. Registered participants will be notified by phone, but if you have any questions, you are welcome to call the Child Care Aware® of Eastern Kansas Topeka office at 785-357-5171 to determine whether a class will be held.
- Please do not bring children to any in-service class.
- Exceptions to these policies may be made as appropriate after review by a member of the Child Care Aware® of Eastern Kansas management staff.



Kansas Reads

TO PRESCHOOLERS

November 2021

Selected Title **Grumpy Bird**, Story & Art by Jeremy Tankard

Enrolling Now for Bods Building Bods Project

Thanks to funding from the Joe and Janet Aleshire Venture Grant Program, we are able to offer early educators in **Shawnee County** an opportunity to participate the Bods Building Bods program! This program includes a 3-hour online course titled, "Let's Move," the fabulous book and DVD, "Active Play," by Dr. Diane H. Craft, free membership to our lending library, and two group meetings to discuss strategies from the training to support children's physical development through active play. Teachers will also get access to Go NAPSACC, which is an app that is full of great resources to support children's health through practices, policies, and environments that instill habits supporting lifelong health and well-being. We are currently enrolling interested early educators that work in **Shawnee County**, who teach children ages 3 to 6 years. This program runs from October 5 – 19th .

To read about participation expectations, class and meetings dates and submit an application of interest, visit <https://form.jotform.com/211685015897969>. If you have further questions, please contact Marie Treichel at marie@east.ks.childcareaware.org or 785-865-0669.

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