

Regional News & Notes

January, February, March 2022

ERC Resource & Referral, Inc., d/b/a Child Care Aware® of Eastern Kansas

News & Updates

Topeka's Lending Library Hours

8 AM - 5 PM

(1100 SW Wanamaker Rd., #201, Topeka, Kansas)

Please call 785-357-5171 or toll-free 877-678-2548 to schedule an appointment.

Topeka's Weekend Lending Library Hours

9 AM - 12 PM

(1100 SW Wanamaker Rd., #201, Topeka, Kansas)

- Saturday, January 15, 2022
- Saturday, February 5, 2022
- Saturday, February 19, 2022
- Saturday, March 5, 2022
- Saturday, March 19, 2022

*For weekend lending library dates, appointments must be scheduled by noon the Friday before. Please call 785-357-5171 or toll-free 877-678-2548 to schedule an appointment.

Offices Closed

- Monday, Jan. 17, 2022

CCPC 2022 Play Academy

Child Care Providers Coalition of Kansas has announced the dates for their annual event and conference. April 23-28 providers will have the opportunity to attend the virtual workshop. CCPC has also added Super Saturday where providers can attend an in-person event in locations across the state. Locations listed are Salina, Lenexa, Manhattan, Wichita and Hays. More cities will soon be revealed. Registration for the event will be open soon. Activities include:

- Earn up to 14 KHDE hours
- Attend an interactive Facebook event
- Virtual shopping
- Online Scholastic book fair
- Workshop Discussions
- Giveaways
- Annual CCPC Meeting
- 2022 Provider of the year Hunter Award



REMINDER

Make sure to reply to families looking for child care even if you are full. This helps families move onto the next provider on their list. This also helps you stay connected with potential future clients!



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Save the Date

Capital City
Learn & Share
9/24/22





The Sandbox

News & Updates for the Busy Educator

Are you missing out on our NEW Weekly E-Newsletter developed for Providers? Each weekly edition features timely focused information and helpful resources! Visit <https://east.ks.childcareaware.org/> to sign-up and begin receiving all future weekly editions!

Main Office: 1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604

785-357-5171 • 1-877-678-2548 toll free • 785-357-1813 fax

<https://east.ks.childcareaware.org/> • info@east.ks.childcareaware.org

Facebook.com/ChildCareAwareKS • Twitter.com/CCAEEKS • Pinterest.com/CCAOKS

Child Care Aware® of Eastern Kansas supports the healthy development of young children by improving access to high-quality child care options and educational resources for families and early childhood professionals.



Childcare Tobacco Initiatives- Shawnee County

By: Zachery Leeker
Health Promotion Coordinator - Shawnee County Health Department

Despite the current “non-smoking” policies that are in effect, secondhand & thirdhand smoke is a glaring problem that currently poses a threat to children. Regulation K.S.A. 65-530 in Kansas states “smoking is prohibited in day care homes”. However, smoking is defined as a possession of a lighted cigarette, cigar, pipe or burning tobacco in any other form or device designed for the use of tobacco. Smoking is only prohibited inside the home; not porches, yards, or garages. This regulation does not state anything about the usage of e-cigarettes, JUULs or vaping inside the day care home. In the event that children are exposed to these dangerous products, it could be fatal. Nowhere does it state that home day care facilities are prohibited to smoke inside their homes during non-business hours. Thirdhand smoke is another very real health concern for young children to be exposed to during business hours of the day care facility and our goal is to work with these facilities to help eliminate that risk.

The Shawnee County Health Department is working with childcare facilities to update and adopt fully comprehensive tobacco free policies to better protect youth from the dangers of secondhand and thirdhand smoke. Education on the topic is the first step. Providing fully comprehensive tobacco-free sample policies that can be adopted into their parent handbook or guidelines is step number Two. Step Three is building a system within childcare facilities to educate parents and guardians who smoke, and offer a free cessation program for those who would like to quit tobacco use. The Kansas Tobacco Quitline provides FREE one-on-one coaching for Kansans ready to quit using any form of tobacco.

If you or your organization are interested in adopting a more comprehensive tobacco policy and learning more about how you can protect youth from the dangers of secondhand & thirdhand smoke, you can contact your local health department and inquire about these initiatives made possible by collaboration with your local health department, the Chronic Disease Risk Reduction grant, and the Kansas Department of Health and Environment. Additionally, if you are interested in more information on the Kansas Tobacco Quitline, you can visit KSquit.org.

JANUARY, FEBRUARY & MARCH

Professional Development Opportunities

To register for a class below, visit our professional development calendar at <https://east.ks.childcareaware.org>.

You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete and return the Class Registration Form that is included in this mailing.

Classes below are tailored for specific audiences. Please reference the audience key when selecting a class.

Approved Audience Key: All (A), Directors (D), Family Child Care (F), Infant (I), Toddler (T), Licensing Surveyor or Regulatory Staff (L), Preschool (P), School-Age (S), Youth (Y), Other (O), Appropriate for Parents (*).

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
JANUARY									
1/05/22	6:30-8:30pm		Interactive Online Class Using Zoom	Raising Readers: Early Literacy for Preschool-aged Children	D, F, P, S, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
1/06/22	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Infant Development	D, F, I	Audrey Danielson	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
1/12/22	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Creating Literacy-Rich Centers	D, F, P	Debbie Hildebrandt	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
1/19/22	6:30 - 8:30 PM		Interactive Online Class Using Zoom	Act Naturally: Discovering Nature with Young Children	D, F, I, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
1/19/22 through 1/26/22	9:00 am		***Online Class***	Positive Play - Strategies to Support Positive Interactions Among Children	D, F, I, P, T	Grace Cott	2	\$20	Free to Successful Start program participants. Cosponsored by Capital Area Successful Start. This is an online class available January 19-26, 2022. Participants can start at 9:00 a.m. on January 19, and have until 11:59 p.m. on January 26
1/22/22	9:00 - 11:00 AM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Art Smart: Scribbles to Scissors	D, F, I, P, T	Lexi Merz	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
1/26/22	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Fabulous Feelings	D, F, P, T	Audrey Danielson	2	\$12	This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
1/27/22	6:30 - 8:30 PM		Interactive Online Class Using Zoom	Literacy through Literature: Laura Numeroff Books	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
1/29/22	10:00 AM - 12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Best Practices in Diapering, Toileting and Handwashing	D, F, I, P, T	Grace Cott	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
FEBRUARY									
2/03/22	6:30-8:30 PM		Interactive online class using Zoom	Sensory Strategies that Promote Positive Behavior	D, F, P	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
2/05/22	9:00 AM-4:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Foundations of Quality Child Care, Part 1	A	Lexi Merz	6	\$30	This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided. Participants who register and pay for both Part 1 on February 5 and Part 2 on February 19 will receive a discounted rate of \$50 for both classes.
2/07/22	6:30 - 8:30 PM		Interactive online class using Zoom	Building Relationships with Young Children	D, F, P, T	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
2/08/22	1:00 - 4:15 PM		Interactive online class using Zoom	Director's Toolbox: Joining Voices to Save Child Care	D	Michelle Gilbert	3	\$15	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
2/09/22	6:30-8:30 PM		Interactive online class using Zoom	Literacy through Literature: Jamie Lee Curtis Books	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
2/10/22	6:30-8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Helping Children and Families Transition to Kindergarten	D, F, P	Michelle Gilbert	4	Free	Due to grant funding, this class is available to Shawnee county providers only. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
2/12/22	9:00 AM-12:15 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Understanding the Influence of Temperament	D, F, I, P, T	Audrey Danielson	3	\$15	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.

FEBRUARY CLASSES CONTINUED...

Date	Time	County	Location	Name of Training	Audience	Trainer	Hours	Cost	Additional Information
2/16/22	9:00 AM	***Online Class***		Safe and Healthy Practices for Infants and Toddlers	D, F, I, T	Audrey Danielson	4	Free	This class meets 4 of the 4 hours of the Annual Health and Safety Topic Requirements. Sponsored by Child Care Aware of Kansas. This is an online class available February 16-25, 2022. Participants can start at 9:00 a.m. on February 16, and have until 11:59 p.m. on February 25.
2/19/22	10:00 AM-12:00 PM	Interactive Online Class Using Zoom		Keeping Children Safe: Environment and Transportation Safety	A	Debbie Hildebrandt	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.
2/19/22	9:00 AM-4:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Foundations of Quality Child Care, Part 2	A	Lexi Merz	6	\$30	This class meets 4 of the 4 hours of the annual Health and Safety Topic Requirements. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided. Participants who register and pay for both Part 1 on February 5 and Part 2 on February 19 will receive a discounted rate of \$50 for both classes.
2/21/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Alphabet Soup	D, F, P	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
2/22/22	6:30-8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Sensory Play: Going Beyond the Sand and Water Table	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
2/26/22	10:00 AM-12:00 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Child-Centered Teaching and Learning	D, F, P,	Grace Cott	2	\$12	This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
2/28/22	6:30-8:30 PM	Interactive Online Class Using Zoom		Week of the Young Child: More than Just a Party	A	Michelle Gilbert	2	\$12	This class is being offered virtually using Zoom.

MARCH

3/03/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Emergency Preparedness for Child Care Providers	A	Michelle Gilbert	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. This class is being offered virtually using Zoom.
3/05/22	9:00-11:00 AM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Totally Terrific Toddler Art	D, F, T	Debbie Hildebrandt	2	\$12	This will be a hands-on experience, please come prepared to get a little messy! Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
3/07/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Developmentally Appropriate Practice in Action	D, F, I, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
3/09/22	9:00 AM	***Online Class***		Beyond the Book Nook: Creating a Literacy Rich Environment	D, F, I, P, S, T	Grace Cott	3	\$20	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available March 9-16, 2022. Participants can start at 9:00 a.m. on March 9, and have until 11:59 p.m. on March 16.
3/15/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Circle Time: Triumph or Tragedy	D, F, I, P, S, T	Grace Cott	2	\$12	This class is being offered virtually using Zoom.
3/15/22	6:30-8:30 PM	Interactive Online Class Using Zoom		Darkness to Light: Stewards of Children®	A	Talia Juiliano	2	\$12	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. Free to CCQI program participants. Cosponsored by Child Care Aware of Kansas and Kansas Children's Service League. This class is being offered virtually using Zoom.
3/16/22	9:00 AM	***Online Class***		Using Visual Tools to Improve Child Learning	D, F, P, T	Audrey Danielson	3	\$20	This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. Free to CCQI program participants. Cosponsored by Child Care Aware of Kansas and Kansas Children's Service League. This class is being offered virtually using Zoom.
3/16/22	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Chicka Chicka Boom Boom: A-Z Around the Room	F, P, S, T, Y	Susan Drewelow and Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
3/19/22	6:30 - 8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Experiences, Not Experiments	D, F, P, T	Susan Drewelow	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.
3/23/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Helping Children and Families Transition to Kindergarten	D, F, P	Michelle Gilbert	2	Free	Due to grant funding, this class is available to Shawnee county providers only. This class is being offered virtually using Zoom.
3/29/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Literacy through Literature: Lois Ehlert Books	D, F, P, T	Michelle Gilbert	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
3/30/22	6:30 - 8:30 PM	Interactive Online Class Using Zoom		Social and Emotional Teaching Strategies	D, F, I, P, S, T	Grace Cott	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom.
3/31/22	6:30-8:30 PM	Shawnee	Child Care Aware® of Eastern Kansas Office (1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604)	Toddler Development	D, F, T,	Audrey Danielson	2	\$12	Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.

*** Online class participants will receive an email from the instructor containing further instructions for the online class following their registration.

*** Interactive online Zoom class participants will receive an email with a link that will allow them to join the class.

*** Masks and social distancing are encouraged during the course of in-person class offerings.

Class Descriptions

Act Naturally: Discovering Nature with Young Children

Learn to 'act naturally' as you guide children's desire to discover nature in their environment. Set up an indoor and outdoor environment that encourages open and focused exploration of nature. Core Competency: 2 Levels 1; CDA: 2.

Alphabet Soup

This class will cover one of key early literacy skills, alphabet knowledge. Participants will explore a variety of fun, hands-on strategies for helping preschool children learn about letters. Core Competency: 2 Levels 2 & 3; CDA: 2.

Art Smart: Scribbles to Scissors

Creative art experiences progress from simple scribbles to complex projects. The process of open-ended creative art is different from the project-driven craft project. Learn how to recognize arts and crafts and how to use both to empower children. Core Competency: 2 Levels 1 & 2; CDA: 2.

Best Practices in Diapering, Toileting and Handwashing

Following best practice guidelines in diapering, toileting and handwashing can be one of the most effective ways to keep the children (and adults) in child care safe and healthy. Participants will learn the proper steps for each of these procedures as well as tips and tricks for helping children establish good practices. Core Competency: 5 Levels 1; CDA: 1.

Beyond the Book Nook: Creating a Literacy Rich Environment

In this class, we step beyond the book nook and learn strategies to enhance your environment and provide many literacy rich experiences for the children in your program. We will cover materials, the teacher's role and practice with self-evaluation tools so you can custom design a curriculum that works best in your program. Core Competency: 2 Level 2; CDA: 2.

Building Relationships with Young Children

In this session, participants will learn how they can build positive, healthy relationships with the children in their care. Participants will explore strategies for meeting the needs of individual children and for building a caring community of learners. Core Competency: 6 Level 1; CDA: 3.

Chicka Chicka Boom Boom: A-Z Around the Room

Learn how to apply a cross-curricular approach using the book Chicka Chicka Boom Boom. Participants will come away with activities and ideas in the areas of early literacy, math, science, music & movement, and art. Strategies on how to apply the ideas and information presented in this session to other books will be discussed. Core Competency: 2 Level 2; CDA: 1.

Child-Centered Teaching and Learning

Help children master learning tasks sooner by engaging them in their own learning process. Meaningful jobs, classroom responsibilities and leadership activities are some of the effective strategies covered in this class. Video examples and discussions are included to help teachers walk away with ideas they can begin using right away in their classroom environments.. Core Competency: 6 Level 1; CDA: 3.

Circle Time: Triumph or Tragedy

Are your circle times a challenge? Do disruptions cause children to lose interest and focus? This session will help you provide meaningful, age-appropriate activities to keep children engaged and increase learning potential. It will also present some strategies for getting a derailed circle time back on track. Core Competency: 6 Levels 2 & 3; CDA: 3.

Connections Matter in Early Childhood

Every day connections are more important than we ever believed. Science tells us that relationships have the power to shape our brains. Relationships help us learn better, work better, parent better. When we experience tough times, they help us heal. With each connection, we develop a healthier, stronger community. Connections Matter is a training designed to engage community members in building caring connections to improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma. Connections Matter explores how the connections we make

in life profoundly impact our brain's ability to grow and our own abilities to cope and thrive. This is done through a training curriculum that educates participants on adverse childhood experiences, trauma, brain development and resilience. Connections Matter ultimately strives to promote the building of more resilient, compassionate, and trauma-informed communities – thus allowing all children and individuals to succeed. Core Competency: 4 Level 2; CDA: 4.

Creating Literacy-Rich Centers

This class will provide ideas for adding a variety of early literacy experiences to your learning centers. Core Competency: 2 Level 2; CDA: 2.

Darkness to Light: Stewards of Children®

Stewards of Children® is an evidence-informed prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It offers practical prevention training with a conversational, real-world approach. Core Competency: 5 Level 1; CDA: 1.

Developmentally Appropriate Practice in Action

In this class, participants will explore the most recent research on developmentally appropriate practices and how they support children's optimal learning and development. Core Competency: 2 Levels 1 & 3; CDA: 1.

Director's Toolbox: Joining Voices to Save Child Care

The child care system has been struggling for many years, but the Covid-19 pandemic has highlighted the critical need for reform. The cost of care stretches the average family budget, yet parent tuition doesn't cover operating costs. Staff shortages have pushed even the most dedicated professionals to the brink of exhaustion. There has to be a better way! Join us for state and federal updates, robust discussion and a focus on working together to save child care. Core Competency: 8 Level 3; CDA: 6.

Emergency Preparedness for Child Care Providers

This class will help child care providers/teachers proactively plan and prepare for emergencies by helping them develop and implement an effective emergency plan in their child care program. Identifying hazards and risks; creating a written plan that addresses the emergency needs of their program; and communicating, practicing, and updating their emergency plan on a regular basis, are some of the effective strategies covered in this class. Video examples and discussions are included to help child care providers walk away with ideas they can begin using right away in their classroom/home environments. Core Competency: 3 Levels 3; CDA: 1.

Experiences, Not Experiments

This session is designed to explain basic scientific principles in easy to understand terms. Providers will also receive lots of suggestions for child-centered experiences they can incorporate into their classrooms. All of the suggestions are done with easily and affordably obtained materials. Science experiences are a natural way to follow a child's lead and allow children to investigate and discover at their own pace. The demonstrations offered will allow providers to see how to set up the experience and participate in it. The handout will have detailed instructions on how to facilitate the experiences done in class. Core Competency: 2 Level 2; CDA: 2.

Fabulous Feelings

This course will explore the idea of "emotional coaching" or supporting young children as they recognize and manage their emotions. Participants will learn tips, techniques, songs, and ideas for helping children learn about feelings. Core Competency: 2 Levels 2 & 3; CDA: 3.

Foundations of Quality Child Care, Part 1

This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 1 will cover the following topics: child abuse and neglect including prevention of shaken baby syndrome and abusive head trauma, prevention and control of infectious diseases, childhood illnesses, medication administration, safe handling hazardous materials including bio-hazards and bodily fluids, and transportation safety. Core Competency: 5 Levels 1 & 2; CDA: 1.

COURSE DESCRIPTIONS CONTINUED ON NEXT PAGE...

Foundations of Quality Child Care, Part 2

This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 2 will cover the following topics: basic child development including the supervision of children, safe sleep practices, emergency preparedness, prevention and response to emergencies due to food and allergic reactions and building and premises safety.

Core Competency: 1 Levels 1 & 2 and 5 Levels 1, 2 & 3; CDA: 1 & 8.

Helping Children and Families Transition to Kindergarten

Starting kindergarten is a giant milestone for children and families! This professional development event will focus on how providers can support children and families through the transition to kindergarten.

Core Competency: 1 Level 2 and 2 Level 1; CDA: 1 & 8.

Infant Development

This class will provide an expanded look at the development of infants. It will cover benchmarks and milestones for children in the first year of life. It will also look at developmentally appropriate practices and activities to support optimal growth in infants. Core Competency: 2 Levels 1 & 2; CDA: 1.

Keeping Children Safe: Environment and Transportation Safety

Participants will learn how to provide a safe physical environment for children by identifying potential hazards which include the handling and storage of hazardous materials, appropriate disposal of biocontaminants and the appropriate transportation precautions with children. Core Competency: 5 Levels 1 & 2; CDA: 1.

Literacy through Literature: Jamie Lee Curtis Books

Jamie Lee Curtis may primarily be known as an actress, but she is also the author of several popular books for young children, as well. In this class, we will explore her books and how they can be used to promote a variety of early learning skills. Core Competency: 2 Levels 2 & 3; CDA: 2.

Literacy through Literature: Laura Numeroff Books

This class will feature Laura Numeroff's beloved character, Mouse, and his friends. We will learn about six essential early literacy skills and how activities featuring the Laura Numeroff books can be used to build these skills and more! Core Competency: 2 Levels 2 & 3; CDA: 2.

Literacy through Literature: Lois Ehlert Books

This class will explore several classic children's stories by Lois Ehlert and how they can be used to reinforce a variety of early literacy skills. Strategies for extending the books into other learning areas will also be shared. Core Competency: 2 Levels 2 & 3; CDA: 2.

Positive Play - Strategies to Support Positive Interactions Among Children

In this class, we learn what social emotional expectations are practical for children at various levels of development and ways to teach children how to engage in positive social interactions. We cover social emotional classroom supports, the teacher's role, and practice with self-evaluation tools so you can custom design a curriculum that works best in your program.

Core Competency: 2 Level 2; CDA: 2.

Raising Readers: Early Literacy for Preschool-aged Children

In this course, participants will learn about six important skills that create a strong early literacy foundation for young children. Strategies will be shared to build print motivation, alphabet knowledge, phonological awareness, vocabulary, narrative skills, and print awareness.

Core Competency: 2 Level 2; CDA: 2.

Safe and Healthy Practices for Infants and Toddlers

In this course we will review strategies for keeping infants and toddlers safe during their play and sleep activities. We'll cover methods for preventing and responding to food allergies, how to prevent injuries during play activities, and ways to help infants and toddlers sleep in the safest environments. This class meets 4 of the 4 hours of the Annual Health and Safety Topic Requirements.

Core Competency: 5 Levels 1, 2 and 3; CDA: 1.

Sensory Play: Going Beyond the Sand and Water Table

Participants will explore the benefits of offering sensory play with young children. Sensory strategies for various learning styles, environments, and personal tolerances will be considered. Participants will also be given an opportunity to explore their own sensory preferences and how that impacts the sensory experiences they offer to children. Core Competency: 2 Level 3; CDA: 2.

Sensory Strategies that Promote Positive Behavior

Participants will gain a basic understanding of the sensory systems of our body and how they help us explore and interact with the world around us. The focus of the class will be on setting up a sensory-friendly early learning environment that supports all children and promotes positive behaviors.

Core Competency: 2 Level 3; CDA: 2.

Social and Emotional Teaching Strategies

Are you looking for new techniques to build responsibility, confidence and problem-solving skills with children in your child care and early learning program? In this training, you will receive tools to enhance your child care and early learning program while helping children understand and control a wide range of emotions. Core Competency: 2 Level 2; CDA: 3.

The Anti-Bias Classroom: A Global Look

This class will discuss the implementation of an anti-biased method of providing child care. It will assist teachers in looking at the overall benefits of moving towards an anti-bias curriculum that respects and embraces differences and acts against bias and injustice. Core Competency: 8 Levels 1; CDA: 6.

The Anti-Bias Classroom: Display and Design

This class will look at strategies for incorporating an anti-bias approach to designing the classroom. Participants will be given the opportunity to evaluate their current environment and plan meaningful ways to create displays for children that are free from bias.

Core Competency: 8 Levels 2 & 3; CDA: 6.

The Anti-Bias Classroom: Language and Literature

This class will take a look at ways to incorporate an anti-bias approach to books and language in the classroom. Participants will learn how some language used in a classroom can actually reflect bias or ambiguous understandings. Core Competency: 8 Levels 1 & 2; CDA: 6.

The Anti-Bias Classroom: Relationships and Rituals

In this class, participants will learn about applying an anti-bias approach to teaching social/emotional skills. Discussion will include ways to help children understand fairness and inclusion. Information will also be presented on interventions to reduce discriminatory and bullying behaviors. Core Competency: 8 Levels 2 & 3; CDA: 6.

Toddler Development

This class will provide an expanded look at child development in the toddler years. It will cover benchmarks and milestones for children ages 1-3. It will also look at developmentally appropriate practices and activities to support optimal growth in toddlers. Core Competency: 1 Level 2 and 2 Level 1; CDA: 1.

Totally Terrific Toddler Art

The creative experiences that are appropriate for toddlers can be very different than those for older children. Join us as we explore art materials and techniques that are just right for little hands. This class will also cover strategies for using art to support the rapidly emerging language, physical, social/emotional and cognitive development in toddlers.

Core Competency: 2 Levels 1 & 2; CDA: 2.

Understanding the Influence of Temperament

A child's temperament influences how he or she understands and experiences the world and the people in it. Participants will receive an overview of the three temperament types and five temperament traits and be given strategies to accommodate for a child's temperament. Participants will also discuss how to assist parents in understanding their child's temperament.

Core Competency: 1 Level 2 and 4 Level 2; CDA: 4 & 7.

Using Visual Tools to Improve Child Learning

Explore a variety of visual tools that can be used to help children learn executive skills, foster language development, and grow their independence and social/emotional skills. We'll cover strategies for preventing challenging behavior, enhancing memory, and improving communication using visuals that can be tailored to meet the unique needs in your classroom.

Core Competency: 2 Level 3 and 6 Level 2; CDA: 1 & 3.

Week of the Young Child: More than Just a Party

Each Spring, early childhood educators across the country celebrate Week of the Young Child. This professional development event will explore ideas to help individual programs honor young children and families, as well as strategies for collaborative, community events. Emphasis will be placed on using Week of the Young Child as an opportunity for community education about the importance of the early years and advocacy. Core Competency: 4 Level 2 and 8 Level 1; CDA: 4 & 6.

Class Registration Form...

To register for Child Care Aware® of Eastern Kansas classes, visit our professional development calendar at <https://east.ks.childcareaware.org> and register online. You can also call 785-357-5171 in Topeka, 877-678-2548 toll free, or complete the form below and submit it with payment to:

Child Care Aware® of Eastern Kansas, Attn. Professional Development
1100 SW Wanamaker Rd., Ste. 201, Topeka, KS 66604

Attendee Information

Name: _____

Center/Business: _____

Address: _____

City: _____ Zip: _____ County: _____

Phone: _____ Email: _____

I would like to enroll in the following classes:

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

Course Title: _____

Date Offered: _____ City: _____ Cost: _____

PAY BY CREDIT CARD

Card Type: ☐ Visa ☐ Mastercard ☐ Discover

Name on Card: _____

Credit Card Number: _____ Expiration Date: _____

Zip Code for Card: _____ Security Code (three-digit number on back of card): _____

If you are late to an in-service class, you will not receive a certificate.

Find updated classes on the Class Calendar at <https://east.ks.childcareaware.org>.

For office use only...

☐ **PAID**

Class Info

Policies for Child Care Aware® of Eastern Kansas sponsored professional development sessions:

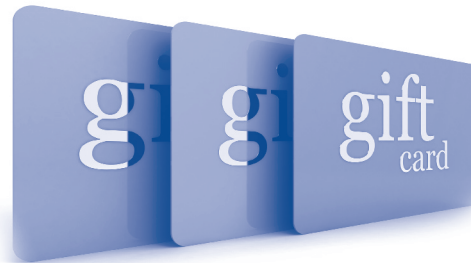
- Registration accompanied by payment is required to complete registration for any class that is sponsored by Child Care Aware® of Eastern Kansas. The deadline for registration of classes occurring on a weekday is 12 PM the business day before the class is scheduled. The deadline for registration of classes occurring on Saturdays is 8 AM the Friday before the class is scheduled. You may register online, by mail or by phone to pay with a credit or debit card. Payment will not be accepted at class.

- If you cancel by the registration deadline for the class, the fee may be transferred to another class to be held in the future. Refunds are not available. In cases of emergencies (illness or other unplanned situation), you may call and cancel up to 2 hours (during normal business hours) prior to the time the class is scheduled to begin. If you are calling after hours (after 5 PM on a weekday or over the weekend), please leave a message with the time of your call and the reason for your late cancellation. You will only be able to transfer your payment one time to a different class. If you are unable to attend the class you have been transferred to, there will be no refunds or further transfers. Refunds or transfers will not be issued for those who fail to notify us if they are unable to attend.
- A minimum of 10 class participants is required. A class with insufficient enrollment may be canceled by Child Care Aware® of Eastern Kansas. Paid registrants may elect to take a coupon or be added to a future class.

- Participants enrolled in online Zoom classes that attempt to log into the class more than 10 minutes late will not be permitted to participate in the class. Participants enrolled in e-learning online classes (coursework that runs one week or more) must log in and begin posting by the fourth day of class or they will be unenrolled.
- In cases of inclement weather, every effort will be made to make a decision about canceling class three hours prior to the scheduled class start time. Registered participants will be notified by phone, but if you have any questions, you are welcome to call the Child Care Aware® of Eastern Kansas Topeka office at 785-357-5171 to determine whether a class will be held.
- Please do not bring children to any in-service class.
- Exceptions to these policies may be made as appropriate after review by a member of the Child Care Aware® of Eastern Kansas management staff.

Can You Take Five Minutes for a Chance to Win a \$100 Gift Card?

Child Care Aware® of Eastern Kansas is proud to announce a new incentive for all child care programs in our region, beginning October 1. Programs that update their vacancy information between the 1st and 10th of each month will be entered into a drawing to win a \$100 gift card from one of the early childhood vendors that support our cause! Keeping our vacancy data current is a top priority for us, and helps make the child care search process easier for families. Please mark your calendar now so you don't miss out, and plan to enter every month to increase your chance of winning! Winners will be contacted by phone immediately following each drawing and announced in The Sandbox, our weekly e-newsletter! If you haven't already, sign up today by visiting <https://bit.ly/WeeklySandbox>.



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