

| Date      | Time              | Name of Class  | Class Location  | Instructor(s) Name              | Fee  | Course Description   | Additional information or instructions  | Audience      | Hours | Core Comp         | CDA |
|-----------|-------------------|--|---|---------------------------------|------|--|---|---------------|-------|-------------------|-----|
| 1/7/2023  | 10:00 AM-12:00 PM | Movin' and Groovin' throughout the Day                       | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt              | \$12 | This class will provide ideas and inspiration for including opportunities to get children moving as they learn throughout the day.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.   | D, F, P, T    | 2     | 2 Levels 2 & 3    | 2   |
| 1/7/2023  | 1:00-3:00 PM      | Meaningful Conversations with Infants and Toddlers           | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Audrey Danielson                | \$12 | Conversations are a key factor in many aspects of caring for infants and toddlers. Conversations can be used to support meaningful interactions, build social connections and introduce language. This class will focus on strategies for having meaningful conversations with very young children.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.   | D, F, I, T    | 2     | 2 Level 2         | 2   |
| 1/11/2023 | 9:00 a.m.         | Helping Families Navigate Transitions in the Early Years     | ONLINE  | Grace Cott                      | \$20 | Participants in this course will learn how to support children and their families through early childhood transitions. This class will focus on three types of transitions in early childhood settings: home to child care, classroom to classroom in the same program and preschool to kindergarten.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available January 11-18, 2023. Participants can start at 9:00 a.m. on January 11, and have until 11:59 p.m. on January 18. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.  | D, F, I, P, T | 3     | 4 Levels 1, 2 & 3 | 4   |
| 1/11/2023 | 6:30-8:30 PM      | Early Literacy through the Year: Winter                      | Interactive virtual class using Zoom  | Michelle Gilbert                | \$12 | This class will use seasonal children's books as a basis for exploring early learning skills. Participants will learn about a variety of high quality Winter books and use them to plan activities across the curriculum and in all areas of the environment.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class.              | D, F, P, T    | 2     | 2 Levels 2 & 3    | 2   |
| 1/14/2023 | 10:00 AM-12:00 PM | Mind in the Making   | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Michelle Gilbert                | \$50 | During our time together, we will learn the definitions of Seven Essential Life Skills, come to understand why they are important in adults' lives and how to promote them in ourselves. We'll learn why they are important to children, how they develop and how we can promote the use of these Life Skills in children. We will then make plans to use this information in our parenting and/or professional work. This series is based on the work of Ellen Gallinsky. | Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. This is a 16-hour series that is being taught on four Saturdays. Participants must attend all dates in order to receive in-service credit. The additional dates for this class are January 28, February 11 and February 25. This is an in-person class being held at the Child Care Aware office. Masks and social distancing are encouraged.  | A             | 16    | 2 Levels 2 & 3    | 2   |
| 1/18/2023 | 9:00 a.m.         | Director's Toolbox: Connecting Your Team to Curriculum Goals | ONLINE  | Michelle Gilbert                | \$20 | Do the lesson plans in your classrooms reflect your program values? In this class we will discuss strategies that support and motivate staff to implement curriculum and to connect their lesson planning back to the core of your program's mission and values.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available January 18-25, 2023. Participants can start at 9:00 a.m. on January 18, and have until 11:59 p.m. on January 25. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.  | D             | 3     | 8 Level 4         | 6   |
| 1/18/2023 | 6:30-8:00 PM      | Be a Voice for Babies: Overview of Infant Mental Health      | Interactive virtual class using Zoom  | Marie Treichel and Tammy Wallin | Free | Understanding infant mental health is foundational to the KAIMH Infant Mental Health Endorsement. This presentation will provide an overview of infant mental health including the basics of brain development, definition of infant mental health, trauma and its impact on infant mental health, and strategies to support positive mental health for babies, families and caregivers.   | This class is being sponsored by the Kansas Association for Infant and Early Childhood Mental Health (KAIMH). This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, I, P, T | 1.5   | 1 Level 4         | 8   |

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| 1/18/2023 | 6:30-8:30 PM    | Child-Centered Teaching and Learning                      | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Susan Rodman       | \$12 | Help children master learning tasks sooner by engaging them in their own learning process. Meaningful jobs, classroom responsibilities and leadership activities are some of the effective strategies covered in this class. Video examples and discussions are included to help teachers walk away with ideas they can begin using right away in their classroom environments.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, P       | 2 | 6 Level 1      | 3 |
| 1/19/2023 | 6:30-8:30 PM    | Stress-Reducing Strategies for Young Children             | Interactive virtual class using Zoom  | Michelle Gilbert   | \$12 | This class will look at signs and sources of stress in young children. Simple stress-reducing activities used in the early learning setting can help children build coping and resiliency skills. Tips and techniques will be shared for both individuals and groups of young children.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, I, P, T | 2 | 5 Level 3      | 1 |
| 1/21/2023 | 9:00 AM-4:00 PM | Foundations of Quality Child Care, Part 1                 | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt | \$15 | This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 1 will cover the following topics: child abuse and neglect including prevention of shaken baby syndrome and abusive head trauma, prevention and control of infectious diseases, childhood illnesses, medication administration, safe handling hazardous materials including bio-hazards and bodily fluids, and transportation safety. | This class meets the Initial Health and Safety Topic Requirements. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided.  | A             | 6 | 5 Levels 1 & 2 | 1 |
| 1/24/2023 | 6:30-8:30 PM    | Literacy through Literature: Felicia Bond Books           | Interactive virtual class using Zoom  | Susan Drewelow     | \$12 | Many people recognize Felicia Bond as the illustrator of the popular "Mouse" books by Laura Numeroff, but she is also the author and illustrator of many of her own books! In this class, participants will be introduced to books by Felicia Bond and strategies for using them as a basis for early literacy learning in playful ways.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T    | 2 | 2 Levels 2 & 3 | 2 |
| 1/25/2023 | 9:00 a.m.       | Teaching Critical Thinking Skills through Loose Materials | ONLINE  | Audrey Danielson   | \$20 | What do washers, buttons, sticks and stones have to do with school readiness? Learn how loose materials can be used to teach children higher order thinking when paired with Bloom's Taxonomy of question-asking strategies.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available January 25-February 1, 2023. Participants can start at 9:00 a.m. on January 25, and have until 11:59 p.m. on February 1. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F, P, S, Y | 3 | 2 Levels 2 & 3 | 2 |
| 1/25/2023 | 6:30-8:30 PM    | Postpartum Depression: Supporting Families in Child Care  | Interactive virtual class using Zoom  | Michelle Gilbert   | \$12 | What is Postpartum Depression? Researchers believe that depression and anxiety are among the most common problems that women may experience during and after pregnancy. While these symptoms may develop in anyone, there are risk factors that could place some women at greater risk. Participants in the training will discover ways to provide supports to families during this stressful time in their lives.   | This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class.  | D, F, I       | 2 | 4 Level 1      | 4 |

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| 1/30/2023 | 6:30-8:30 PM    | Building Relationships with Young Children                                | Interactive virtual class using Zoom  | Grace Cott         | \$12 | In this session, participants will learn how they can build positive, healthy relationships with the children in their care. Participants will explore strategies for meeting the needs of individual children and for building a caring community of learners.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br><br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T    | 2 | 6 Level 2                            | 3     |
| 1/31/2023 | 6:30-8:30 PM    | Helping Children Develop Positive Identity                                | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Michelle Gilbert   | \$5  | Children begin to develop a sense of identity from an early age. In this class, we will explore authentic ways to help children shape a positive sense of self and celebrate the beauty of diversity in the world around them.   | Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. This is an in-person class being held at the Child Care Aware office. Masks and social distancing are encouraged.   | D, F, P, S, T | 2 | 2 Level 3 and 8 Level 3              | 3 & 6 |
| 2/1/2023  | 9:00 a.m.       | Joyful Writing: Exploring the Stages of Writing Development               | ONLINE  | Susan Rodman       | \$20 | Everyone has stories to tell. It is vital that we encourage young children to tell theirs! By learning about the stages of writing development, participants will be able to offer a variety of fun, age-appropriate writing experiences that will ultimately help children learn to express themselves.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available February 1-8, 2023. Participants can start at 9:00 a.m. on February 1, and have until 11:59 p.m. on February 8 to complete the course. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F, P, S    | 3 | 2 Level 3                            | 1     |
| 2/3/2023  | 6:30-8:30 PM    | Sensory Strategies that Promote Positive Behavior                         | Interactive virtual class using Zoom  | Michelle Gilbert   | \$12 | Participants will gain a basic understanding of the sensory systems of our body and how they help us explore and interact with the world around us. The focus of the class will be on setting up a sensory-friendly early learning environment that supports all children and promotes positive behaviors.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class.     | D, F, P       | 2 | 2 Level 3                            | 2     |
| 2/4/2023  | 9:00 AM-4:00 PM | Foundations of Quality Child Care, Part 2                                 | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt | \$15 | This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 2 will cover the following topics: basic child development including the supervision of children, safe sleep practices, emergency preparedness, prevention and response to emergencies due to food and allergic reactions and building and premises safety. | This class the Initial Health and Safety Topic Requirements. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided.   | A             | 6 | 1 Levels 1 & 2 and 5 Levels 1, 2 & 3 | 1 & 8 |
| 2/8/2023  | 9:00 a.m.       | The Journey to Independence: Applying Child Development in Daily Practice | ONLINE  | Grace Cott         | \$20 | Join us as we explore ways to apply child development knowledge into daily practice and to create lesson plans that support children's growth and development in all domains. We will cover the progression from infancy through the preschool years as children develop in their communication, self-help, sharing and problem-solving skills.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available February 8-15, 2023. Participants can start at 9:00 a.m. on February 8, and have until 11:59 p.m. on February 15. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.  | D, F, I, P, T | 3 | 2 Levels 2 & 3                       | 1     |

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| 2/8/2023  | 6:30-8:30 PM      | Beyond the Bowl: Cereal Isn't Just for Breakfast Anymore!                          | Interactive virtual class using Zoom  | Grace Cott and Susan Drewelow | \$12 | Participants in this fun, hands-on class will explore ways to use cereal to support a variety of learning concepts in math, science and literacy. Breakfast may become the most popular meal of the day with these engaging (and inexpensive) ideas!  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T    | 2 | 2 Levels 2 & 3 | 2 |
| 2/9/2023  | 6:30-8:30 PM      | Literacy through Literature: Eric Carle Books                                      | Interactive virtual class using Zoom  | Michelle Gilbert              | \$12 | This class is one in a series that uses high quality children's literature as a basis for helping young children build foundational early literacy skills. Participants will explore a variety of books by classic author, Eric Carle, and will learn how to use the books to plan activities that support not only early literacy, but can create a developmentally appropriate curriculum in all domains. | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T    | 2 | 2 Level 3      | 2 |
| 2/15/2023 | 9:00 a.m.         | Growing Engineers - How to Teach Beginning Engineering Concepts through Block Play | ONLINE  | Audrey Danielson              | \$20 | This course will provide ideas and inspiration for using the block area to teach beginning engineering concepts. We will cover the five-step engineering design process, write a preschool lesson plan and practice using it in your classroom or child care environment.   | This is an online class available February 15-22, 2023. Participants can start at 9:00 a.m. on February 15, and have until 11:59 p.m. on February 22. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F, P, S, Y | 3 | 2 Levels 2 & 3 | 1 |
| 2/15/2023 | 6:30-8:30 PM      | Exploring Social Justice with Young Children                                       | Interactive virtual class using Zoom  | Michelle Gilbert              | \$12 | Children today are living in a diverse and complex world. They may not understand events they see or hear about in the world around them. One way early childhood professionals can help them navigate this is by giving them developmentally appropriate language to express their ideas about justice and tools to stand up for themselves and others.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, S    | 2 | 8 Level 4      | 6 |
| 2/18/2023 | 10:00 AM-12:00 PM | Meaningful Conversations with Preschoolers   | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Audrey Danielson              | \$12 | Meaningful conversations are an important part of a preschooler's day. Through conversation, a variety of skills can be introduced and strengthened. This class will focus on strategies and techniques for expanding language in preschoolers by developing meaningful conversation skills.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, P       | 2 | 2 Level 2      | 2 |
| 2/22/2023 | 9:00 a.m.         | Positive Play - Strategies to Support Positive Interactions Among Children         | ONLINE  | Debbie Hildebrandt            | \$20 | In this class, we learn what social emotional expectations are practical for children at various levels of development and ways to teach children how to engage in positive social interactions. We cover social emotional classroom supports, the teacher's role, and practice with self-evaluation tools so you can custom design a curriculum that works best in your program.                           | Free to Successful Start program participants. Cosponsored by Capital Area Successful Start. This is an online class available February 22-March 1, 2023. Participants can start at 9:00 a.m. on February 22, and have until 11:59 p.m. on March 1 to complete the course. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.  | D, F, I, P, T | 3 | 2 Level 2      | 2 |

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| 2/22/2023 | 6:30-8:30 PM    | The Shabby Chic Classroom                                  | Interactive virtual class using Zoom  | Susan Drewelow   | \$12 | Participants in this class will have the opportunity to reimagine their environment and consider new ways to repurpose materials to turn them into valuable assets in the classroom!   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T       | 2 | 2 Level 3      | 1 |
| 2/28/2023 | 6:30-8:30 PM    | Darkness to Light: Stewards of Children®                   | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Michelle Gilbert | \$5  | Stewards of Children® is an evidence-informed prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It offers practical prevention training with a conversational, real-world approach.   | This class meets 2 of the 4 hours of the Annual Health and Safety Topic Requirements. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. Cosponsored by Kansas Children's Service League. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.   | A                | 2 | 5 Level 1      | 1 |
| 3/2/2023  | 6:30-8:30 PM    | Early Literacy through the Year: Spring                    | Interactive virtual class using Zoom  | Michelle Gilbert | \$12 | This class will use seasonal children's books as a basis for exploring early learning skills. Participants will learn about a variety of high quality Spring books and use them to plan activities across the curriculum and in all areas of the environment.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T       | 2 | 2 Levels 2 & 3 | 2 |
| 3/4/2023  | 9:00 AM-4:00 PM | Foundations of Quality Child Care, Part 1                  | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | TBD              | \$15 | This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 1 will cover the following topics: child abuse and neglect including prevention of shaken baby syndrome and abusive head trauma, prevention and control of infectious diseases, childhood illnesses, medication administration, safe handling hazardous materials including bio-hazards and bodily fluids, and transportation safety. | This class meets the Initial Health and Safety Topic Requirements. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided.  | A                | 6 | 5 Levels 1 & 2 | 1 |
| 3/7/2023  | 1:00-4:15 PM    | Director's Toolbox: Wage & Hour Seminar                    | Interactive virtual class using Zoom  | Michelle Gilbert | Free | This class will provide detailed information about federal labor laws as they relate to the early childhood profession. Child care center directors are encouraged to attend to get current information on the Fair Labor Standards Act.   | Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class.  | D                | 3 | 7 Level 4      | 5 |
| 3/8/2023  | 9:00 a.m.       | Beyond the Book Nook: Creating a Literacy Rich Environment | ONLINE  | Grace Cott       | \$20 | In this class, we step beyond the book nook and learn strategies to enhance your environment and provide many literacy rich experiences for the children in your program. We will cover materials, the teacher's role and practice with self-evaluation tools so you can custom design a curriculum that works best in your program.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available March 8-15, 2023. Participants can start at 9:00 a.m. on March 8, and have until 11:59 p.m. on March 15. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F, I, P, S, T | 3 | 2 Level 2      | 2 |

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| 3/9/2023  | 6:30-8:30 PM     | Totally Terrific Toddler Art                   | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt | \$12 | The creative experiences that are appropriate for toddlers can be very different than those for older children. Join us as we explore art materials and techniques that are just right for little hands. This class will also cover strategies for using art to support the rapidly emerging language, physical, social/emotional and cognitive development in toddlers.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, T             | 2 | 2 Levels 1 & 2                       | 2     |
| 3/11/2023 | 9:00 AM-12:15 PM | Emergency Preparedness for Child Care Programs | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Michelle Gilbert   | \$15 | This training is designed to help prepare child care providers to effectively plan for emergency disaster events, respond appropriately in the aftermath of a disaster, and recover quickly and efficiently.   | This class meets 4 of the 4 hours of the Annual Health and Safety Topic Requirements. This is a 6-hour class being taught on two Saturdays. Participants must attend both dates in order to receive in-service credit. The additional date for the class is March 25. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. Cosponsored by Kansas Children's Service League. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.                             | D, F, I, P, S, T, Y | 6 | 5 Levels 1 & 3                       | 1     |
| 3/14/2023 | 6:30-8:30 PM     | The Nature of Science                          | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Susan Drewelow     | \$12 | In this class, participants will explore the natural sciences such as geology, biology and astronomy and how these sciences can be shared with young children. Participants will also learn strategies for bringing the natural world into the classroom.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, P, S, T       | 2 | 2 Level 1                            | 1     |
| 3/15/2023 | 9:00 a.m.        | Lesson Planning Made Easy                      | ONLINE  | Audrey Danielson   | \$20 | Come explore lesson planning and discover many right ways to approach this process. Learn how to go beyond theme-based lessons and work within a plan that allows for flexibility and the individual needs of the children in your group.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available March 15-22, 2023. Participants can start at 9:00 a.m. on March 15, and have until 11:59 p.m. on March 22. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F, I, P, S, T    | 3 | 2 Level 3 and 8 Level 4              | 1 & 6 |
| 3/15/2023 | 6:30-8:30 PM     | Mindfulness Practices for Children and Adults  | Interactive virtual class using Zoom  | Michelle Gilbert   | \$12 | This class will explore some of the benefits of utilizing mindfulness practices in the early learning environment. Simple, everyday strategies will be shared for promoting mindfulness in both young children and adults.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T          | 2 | 2 Level 2 and 5 Level 1              | 1 & 2 |
| 3/16/2023 | 6:30-8:30 PM     | Learning Fun with "Not a Box"                  | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Susan Rodman       | \$12 | Participants will have fun exploring the 2022 Kansas Reads to Preschoolers book, "Not a Box" by Antoinette Portis. Ideas will be shared for using the book to plan experiences for children in all learning domains.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, P             | 2 | 2 Levels 2 & 3                       | 2     |
| 3/18/2023 | 9:00 AM-4:00 PM  | Foundations of Quality Child Care, Part 2      | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt | \$15 | This professional development event is designed to provide foundational knowledge and best practice information on health and safety topics for those providing child care. Part 2 will cover the following topics: basic child development including the supervision of children, safe sleep practices, emergency preparedness, prevention and response to emergencies due to food and allergic reactions and building and premises safety. | This class the Initial Health and Safety Topic Requirements. Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. This in an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. A thirty minute lunch break will be provided.   | A                   | 6 | 1 Levels 1 & 2 and 5 Levels 1, 2 & 3 | 1 & 8 |

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| 3/20/2023 | 6:30-8:30 PM | Connections Matter in Early Childhood           | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Michelle Gilbert | \$10 | Every day connections are more important than we ever believed. Science tells us that relationships have the power to shape our brains. Relationships help us learn better, work better, parent better. When we experience tough times, they help us heal. With each connection, we develop a healthier, stronger community. Connections Matter is a training designed to engage community members in building caring connections to improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma. Connections Matter explores how the connections we make in life profoundly impact our brain's ability to grow and our own abilities to cope and thrive. This is done through a training curriculum that educates participants on adverse childhood experiences, trauma, brain development and resilience. Connections Matter ultimately strives to promote the building of more resilient, compassionate, and trauma-informed communities – thus allowing all children and individuals to succeed. | Funded in partnership by Kansas Department for Children and Families, Kansas Child Care Training Opportunities and Child Care Aware of Eastern Kansas. This is a 4-hour class that is being taught on two nights. Participants must attend both dates in order to receive in-service credit. The additional date for this class is March 27, 2023. This is an in-person class being held at the Child Care Aware office. Masks and social distancing are encouraged.   | A          | 4 | 4 Level 2      | 4 |
| 3/21/2023 | 6:30-8:30 PM | Literacy through Literature: Kevin Henkes Books | Interactive virtual class using Zoom  | Grace Cott       | \$12 | In this class, we will learn about the books of award-winning author and illustrator, Kevin Henkes. We will discover how his books can be used to promote early literacy skills in young children and provide learning opportunities in all domains.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P, T | 2 | 2 Levels 2 & 3 | 2 |
| 3/22/2023 | 6:30-8:30 PM | Preschool Classroom Management Strategies       | Interactive virtual class using Zoom  | Michelle Gilbert | \$12 | Good classroom management can be a delicate balance and many factors go into designing a highly effective classroom that flows smoothly. This class will explore how to create a schedule that supports preschool children, the importance of timing, center management strategies, and the role of developmentally appropriate expectations in classroom management.  | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This class is being offered virtually using Zoom. In order to enroll in this course, participants must:<br>*Have access to a computer or mobile device with a camera and microphone that can be on throughout class.<br>*Free themselves of other duties to fully participate in the class.<br>*Be able to receive and print a handout in PDF format that will be sent by email prior to class.<br>The day prior to the course, registered participants will receive an email with a link that will allow them to join the class. | D, F, P    | 2 | 6 Levels 1 & 2 | 3 |
| 3/28/2023 | 6:30-8:30 PM | Cut it Out!                                     | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Susan Drewelow   | \$12 | Participants will gain an understanding of how to teach children to cut with scissors. Discussion includes tips on how to help children strengthen muscles needed for cutting and how to take children through the sequence of skills that encourage success with simple and more complex cutting tasks.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged.  | D, F, P    | 2 | 2 Levels 1 & 2 | 2 |
| 3/29/2023 | 9:00 a.m.    | Work and Well-being                             | ONLINE  | Michelle Gilbert | \$20 | While teachers are supporting the well-being of children, who is supporting them? This class covers strategies for establishing a culture where staff and volunteers feel valued and competent. Participants will complete a worksite audit (either home or center-based), develop well-being policies and explore resources for providing a supportive and productive work environment.   | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an online class available March 29-April 5, 2023. Participants can start at 9:00 a.m. on March 29, and have until 11:59 p.m. on April 5. Registered participants will receive an email from the instructor containing further instructions for the online course the day prior to the start of class.   | D, F       | 3 | 7 Levels 3 & 4 | 5 |

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| 3/29/2023 | 6:30-8:30 PM | Scaffolding Learning | Child Care Aware® of Eastern Kansas Office, 2nd floor training room (1100 SW Wanamaker Road, Suite 201, Topeka, Kansas 66604) | Debbie Hildebrandt | \$12 | Do you have a hard time helping children understand a concept or complete an activity? This class will help you learn ways to acknowledge a student's starting point and provide you the steps to help children complete and succeed in their tasks. | Free to Literacy Connections program participants. Cosponsored by Capital Area Successful Start. This is an in-person class being held at the Topeka Child Care Aware office. Masks and social distancing are encouraged. | D, F, P, T | 2 | 2 Level 2 | 2 |
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